

St John Health Care Shop



**Ambulance
and
Rescue
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Innovative
products for
an independent
lifestyle



St John

Dressing and Comfort

THE HIPSHIELD HIP PROTECTOR

The Hipshield can help to prevent a fall becoming an injury and is designed to absorb and deflect impact away from the hipbone. The Hipshield itself is discreet and comfortable to wear and inside the protector is a lightweight honeycomb structure that compresses on impact. The Hipshield just slips into a pair of protector pants and is unobtrusive beneath skirts or trousers.

Pants are available in two styles, male and female, in six sizes based on waist measurement. Made of 95% cotton, each pair has internal pockets that you simply 'slip' the Hip protector into before putting on the garment. Suitable for day or nightwear the Hipshield is available in 'single' or 'triple pack'.

The Hipshield protectors should be hand washed with warm soapy water and be left to dry. This normally takes around 10 minutes. The undergarments may be washed by hand or in a washing machine at 60-90°.

The **single pack** contains one knickers/pants plus two Hip protectors.

The **triple pack** contains three knickers/pants plus two Hip protectors. The perfect solution, one pair to wear, one in the wash and one spare! For sizing see chart below.



Single pack	Triple pack	Size	Female waist size
PR20300	PR20300-3	Small	66-71cm (26-28")
PR20301	PR20301-3	Medium	71-76cm (28-30")
PR20302	PR20302-3	Large	76-80cm (30-32")
PR20303	PR20303-3	XL	81-86cm (32-34")
PR20304	PR20304-3	XXL	86-91cm (34-36")
PR20320	PR20320-3	XXXL	91-96cm (36-38")
Single pack	Triple pack	Size	Male waist size
PR20305	PR20305-3	Small	76-81cm (30-32")
PR20306	PR20306-3	Medium	83-89cm (33-35")
PR20307	PR20307-3	Large	91-96cm (36-38")
PR20308	PR20308-3	XL	99-104cm (39-41")
PR20309	PR20309-3	XXL	106-112cm (42-44")
PR20321	PR20321-3	XXXL	111-116cm (44-46")
Price	Single pack		£56.29
Price	Triple pack		£77.99

HEEL PROTECTORS

These protect sore and delicate heels/ankles. There are no raised seams around the heel area. Universal size. Wash by hand. Do not tumble dry. **Supplied in pairs**



PR55034 **£18.79**

BEST SELLER



COILERS

Easy-to-use Coilers may be tightened or loosened, but never need tying. They have no pressure points and allow natural movement.

Fits up to eight pairs of eyelets.

Sold in pairs



PR55001	Black	£4.99
PR55002	Brown	£4.99
PR55003	White	£4.99
PR55004	Royal Blue	£4.99

BED SOCKS



These protect your feet from the cold but do not apply pressure or restrict circulation. They can be worn in bed or just for lounging. Wash by hand. Do not tumble dry. **Supplied in pairs**

Medium (4-6)		
PR55033/M		£12.99
Large (7-11)		
PR55033/L		£12.99

ELASTIC SHOELACES

Turn a lace-up shoe into a slip-on shoe. Lace and tie shoes in the normal manner just once. Shoes can be slipped on or off easily without tying and untying.

Two pairs per pack



Size: 61cm (L)		
PR55000	Black	£5.29
PR55022	Brown	£5.29
PR55023	White	£5.29

Dressing and Comfort

DUNLOP SLIPPERS/BOOTIES



These comfortable and stylish slippers have a wide opening for swollen feet, the hook and loop fastening ensures these slippers are easy to put on and take off. These machine washable slippers have non slip hardwearing soles. The slippers are available in a variety of sizes and in male and female versions.

BEST SELLER

DUNLOP
Quality Slippers
Quality Slippers

Female

Code	Slipper	Size	Colour	Price
PR55150/BL/3	Bluebell	3	Blue	£17.99
PR55150/BL/4	Bluebell	4	Blue	£17.99
PR55150/BL/5	Bluebell	5	Blue	£17.99
PR55150/BL/6	Bluebell	6	Blue	£17.99
PR55150/BL/7	Bluebell	7	Blue	£17.99
PR55150/BL/8	Bluebell	8	Blue	£17.99
PR55150/BU/3	Bluebell	3	Burgundy	£17.99
PR55150/BU/4	Bluebell	4	Burgundy	£17.99
PR55150/BU/5	Bluebell	5	Burgundy	£17.99
PR55150/BU/6	Bluebell	6	Burgundy	£17.99
PR55150/BU/7	Bluebell	7	Burgundy	£17.99
PR55150/BU/8	Bluebell	8	Burgundy	£17.99

Male

Code	Bootie	Size	Colour	Price
PR55152/BL/6	Albert	6	Blue	£19.99
PR55152/BL/7	Albert	7	Blue	£19.99
PR55152/BL/8	Albert	8	Blue	£19.99
PR55152/BL/9	Albert	9	Blue	£19.99
PR55152/BL/10	Albert	10	Blue	£19.99
PR55152/BL/11	Albert	11	Blue	£19.99
PR55152/BL/12	Albert	12	Blue	£19.99
PR55152/BU/6	Albert	6	Burgundy	£19.99
PR55152/BU/7	Albert	7	Burgundy	£19.99
PR55152/BU/8	Albert	8	Burgundy	£19.99
PR55152/BU/9	Albert	9	Burgundy	£19.99
PR55152/BU/10	Albert	10	Burgundy	£19.99
PR55152/BU/11	Albert	11	Burgundy	£19.99
PR55152/BU/12	Albert	12	Burgundy	£19.99

BETSY BOOTIE



BLUEBELL SLIPPER



Code	Bootie	Size	Colour	Price
PR55151/BL/3	Betsy	3	Blue	£19.99
PR55151/BL/4	Betsy	4	Blue	£19.99
PR55151/BL/5	Betsy	5	Blue	£19.99
PR55151/BL/6	Betsy	6	Blue	£19.99
PR55151/BL/7	Betsy	7	Blue	£19.99
PR55151/BL/8	Betsy	8	Blue	£19.99
PR55151/BU/3	Betsy	3	Burgundy	£19.99
PR55151/BU/4	Betsy	4	Burgundy	£19.99
PR55151/BU/5	Betsy	5	Burgundy	£19.99
PR55151/BU/6	Betsy	6	Burgundy	£19.99
PR55151/BU/7	Betsy	7	Burgundy	£19.99
PR55151/BU/8	Betsy	8	Burgundy	£19.99



ALBERT BOOTIE



ARTHUR SLIPPER

Code	Slipper	Size	Colour	Price
PR55153/BL/6	Arthur	6	Blue	£19.99
PR55153/BL/7	Arthur	7	Blue	£19.99
PR55153/BL/8	Arthur	8	Blue	£19.99
PR55153/BL/9	Arthur	9	Blue	£19.99
PR55153/BL/10	Arthur	10	Blue	£19.99
PR55153/BL/11	Arthur	11	Blue	£19.99
PR55153/BL/12	Arthur	12	Blue	£19.99
PR55153/GR/6	Arthur	6	Grey	£19.99
PR55153/GR/7	Arthur	7	Grey	£19.99
PR55153/GR/8	Arthur	8	Grey	£19.99
PR55153/GR/9	Arthur	9	Grey	£19.99
PR55153/GR/10	Arthur	10	Grey	£19.99
PR55153/GR/11	Arthur	11	Grey	£19.99
PR55153/GR/12	Arthur	12	Grey	£19.99

See Back cover for how to order

Dressing and Comfort

ZIP GRIP



The Zip Grip is ideal for persons who have difficulty grasping and pulling small zipper tabs.

Sold in pack of 6

PR55021 2.5cm (D) (£7.66) **£9.19**

GOOD GRIPS® BUTTON HOOK



The soft, cushioned grip of the Good Grips® Button Hook makes the sometimes difficult task of buttoning clothes easy. The built-up handle is made of rubber like material and features flexible ribbing that adapts to any grip.

Handle size: 11cm (L) x 3.8cm (D)

PR55020 16cm (L) (£8.08) **£9.69**

RING ZIPPER



A useful device for people who find it difficult grasping and pulling small zips.

Sold in a pack of 3

PR55049 (£3.33) **£3.99**

LONG HANDLED COMB & BRUSH



Ergonomically designed personal care products featuring anti-slip handles.

Ⓐ **Long Handled Comb:** 38cm (L)
PR45014 (£14.16) **£16.99**

Ⓑ **Long Handled Brush:** 35cm (L)
PR45015 (£14.16) **£16.99**



BUTTON HOOK/ZIPPER PULL

NEW



Assists in button and zip fastening.

PR55050 (£4.16) **£4.99**

DRESSING STICK



Essential for anyone who has difficulty bending and a limited range of movement, or the use of only one arm or hand. A plastic coated combination hook/pusher assists in putting on shirts and jackets, pulling up slacks or skirts, or removing socks.

Available in fixed lengths of 46cm and 69cm

PR55030/18 46cm (£6.66) **£7.99**

PR55030/27 69cm (£7.08) **£8.49**

PLASTIC SHOE HORN WITH HOOK



Hooked handle offers a comfortable hold for fingers and may be used to pull up socks or aid dressing.

PR55028 41cm **£2.99**

COMPRESSION STOCKING AID



This Compression Stocking Aid is designed to take the struggle out of putting on Compression Stockings. Convenient handles greatly assist in pulling the stockings up. Simply stretch the stocking over the column, insert toes and pull up with a continuous motion.

Inside column width: 10cm.
PR55321 (£30.41) **£36.49**

GOOD GRIPS® SHOE HORN



BEST SELLER

This shoe horn offers an extended reach and a secure, cushioned grip. The built-up handle is made of a latex free, rubber-like material and features flexible ribbing that adapts to any grip.

Available in 3 different lengths

Handle size: 3.8cm (D)
PR55010 460mm (L) **£12.69**
PR55011 610mm (L) **£14.09**
PR55012 760mm (L) **£15.29**

SOCK/STOCKING AID



BEST SELLER

The unique shape of the flexible Sock Aid keeps socks on the aid until the sock is pulled all the way onto the foot.

Requires the use of two hands

Loop handle size: 91cm long
PR55319 (£3.66) **£4.39**

LONG HANDLED SHOE HORN



The shoe horn blade is mounted on a spring making it far easier to place into the shoe. Padded leather handle for easier gripping. The long handle provides extended reach.

Length: 24" (60cm)
PR55051 **£9.99**

EASY-PULL SOCK AID



The Easy-Pull Sock Aid allows people with the use of just one hand to shape the trough easily. Large loop handles at the end of the strong, 810mm straps are great for persons with weak grasps.

PR55005 (£13.16) **£15.79**

LUXURY STOCKING AID



This luxury stocking device is particularly useful for putting on socks or stockings. Strong wire, tong style easy to grip, telescopic handles, and cleverly shaped bendable gutter so socks or stockings can slip over straight on to the foot.

Handle size: 38.1cm (L)
PR55318 (£14.91) **£17.89**

TIGHTS AID



A one-piece flexible aid for tights, with webbing handles attached. The plastic blade is shaped to hold the tights until they can be pulled up within reach.

PR55320 (£6.74) **£8.09**

Bed and Chair Care

30" SAFETY BED RAIL



This bed rail works well as a side rail to keep you from falling out of bed and as a support bar for getting in and out of bed. The safety bed rail folds down and out of the way when it isn't in use.

Weight capacity: 180kg

PR60232 (£76.66) **£91.99**

BED RAIL ADVANTAGE TRAVELLER



The most portable bed rail on the market! Requires no assembly, folds for travel and even fits in a suitcase. Attaches to any size home or hospital bed frame with included safety strap. Includes four pocket Bed Rail organiser for keeping handy items close by.

Rail size: 22" (H) x 17" (W)

Weight capacity: 135kg

PR60233 (£55.83) **£66.99**

EZ ADJUSTABLE BED RAIL



The only bed rail that adjusts in length after installation. It adjusts with the push of a button. The rail also folds down and out of the way when it isn't in use. Includes a dual safety strap that secures it to the bed frame.

Weight capacity: 180kg

Extends: 26" - 34" - 42"

PR60231 (£99.99) **£119.99**

BED CADDIE



Offers a helping hand to a sitting position in bed. Perfect for users who need a boost to get out of bed safely.

Size: 23"

PR60229 (£18.33) **£21.99**

Be Independent.™

EZ ADJUST BEDRAIL™

BECAUSE IT'S THE WORLD'S MOST VERSATILE BED RAIL



HANDRAIL PROVIDES STANDING SUPPORT

- Extends 26", 34", 42"
- Provides Assistance In And Out Of Bed
- Prevents Falling From Bed
- Pivots 180° Out Of User's Way
- Secures to Any Home or Hospital Bed with Included Safety Strap
- 4-Pocket Organizer Pouch Included
- Weight Capacity: 400lbs



Bed and Chair Care

Be Independent.™

INDEPENDENCE BED TABLE™

BECAUSE YOUR BED RAIL CAN PROVIDE SAFETY AND CONVENIENCE

- Ergonomic Handle Allows for Easy Transfer In and Out of Bed.
- Multi-Use Laptop/TV Tray Swivels 360° Dimensions: 20" x 17"
- Pocket Organizer Provides Storage Space for Handy Items.
- Extendable Legs Provide Added Stability When Standing Up.
- Accommodates Any Home or Hospital Bed. Adjusts: 21" - 44"
- Weight capacity: 300lbs



HANDRAIL PROVIDES STANDING SUPPORT



MOBILITY BED RAIL



This Bed Rail features a Swing Out Mobility arm to aid in transition. The swing out mechanism's non-slip legs reach the floor for added stability.

Weight capacity: 135kg

PR60232 (£76.66) **£91.99**

METRO TRAVEL BED CANE



Perfect for fold-and-go travel! The attached handle of the Bed Cane provides support for getting out of bed. Slide the handle from its locked position to use it independently as a cane.

Height adjustable: 28" - 38"

Weight capacity: 135kg

PR60233 (£55.83) **£66.99**

INDEPENDENCE BED TABLE



It's like having a table in bed! With a swivel tray that rotates 360 degrees, it is perfect for placing food items, a drink, book, or laptop within reach.

Height adjustable: 21" - 44"

Size of Tray: 20" - 17"

Rail weight capacity: 135kg

Tray weight capacity: 13kg

PR60231 (£99.99) **£119.99**

BEDSIDE ECONORAIL



This is the most affordable bed rail on the market. Although it weighs less than 1kg, it can support over 135kg. The Econorail collapses to fit neatly inside the carry case which is included.

Weight: capacity: 135kg

PR60227 (£52.49) **£62.99**

See Back cover for how to order

Bed and Chair Care

HOME BED RAIL



This sturdy bed rail offers stability to those who have difficulty getting in and out of bed. The frame is height adjustable and can be positioned anywhere under the mattress of most divan style beds. The two legs rest on the floor securely with rubber ferrules.

Size: 50.8cm (W)

Height adjustable: 83 - 93cm

PR60242

(£46.66) **£55.99**

OVER BED/CHAIR TABLE



These Over Bed/Chair Tables are made from chromium and powder coated steel with a wooden top which can be set at varying angles. The table tops are trimmed with an edging so that items will not slip off.

Table size: 56 x 41cm

Height adjustable: 65 - 98cm

With Castors

PR60196

£62.99

Without Castors

PR60197

£56.99

DELUXE OVERBED TABLE



This cantilever overbed table is adjustable in height and tilt. The table top has a lip around the edges to prevent items from sliding off and it can be folded flat for storage. The table is mobile with 4 castors (2 castors are lockable).

Table top size: 60 x 40cm

Height adjustable: 61 - 94cm

PR60192

£89.99

PARNELL BED RAIL

The Parnell Premier Bed Rail has been designed for use with adjustable domestic beds, also fits conventional domestic beds. Quick and easy assembly and fitting no tools or straps or ties of any kind required. Braced solidly and rigidly from the bedroom floor. Minimum clearance under bed 3cm.

PR60241 Premier Bed Rail

Max user weight **18 st** **115 kg** (£214.99) **£257.99**

PR60241/P Premier Plus Bed Rail

Max user weight **25 st** **160 kg** (£254.16) **£304.99**



BED BACKREST

Powder coated strong frame covered in breathable nylon fabric with pillow. Adjustable in height.



BEST SELLER

PR30230

(£37.49) **£44.99**

BED TRAY

NEW



This attractive wooden bed tray has a large laminated top which tilts to a 45 degree angle for easy reading and writing while in bed. It is easily wiped clean. The legs fold for easy storage.

Size: 24cm(H)x55cm(W)x35cm(D)

Weight: 5lbs

PR60193

£42.99



BEDSIDE INDEPENDENCE FOR LIFE

PREMIER BED RAIL

Max. user weight - 115kg

PREMIER PLUS BED RAIL

Max. user weight - 160kg



**BEST
SELLERS**

- The only bed rails tested to British Standards at Newcastle University (*BS EN 1970:2000*)
- Designed for use with adjustable domestic beds (also fits conventional domestic beds)
- Quick and easy assembly and fitting, no tools or straps or ties required
- Braced solidly and rigidly from the bedroom floor
- Functional strong hygienic and safe
- Minimum clearance under bed 3cm (*approx 1.2 inch*)

See Back cover for how to order

Bed and Chair Care

HARLEY DESIGNER PILLOW



Harley

Unique moulded shape together with the pressure relieving properties of memory foam make this the perfect sleeping partner. Fitted inner and zipped Harley velour outer case as standard.

Additional zipped pillow cases available

Designer Pillow

SP14059 45 x 32 x 13cm **£49.99**

Designer Pillow Case

SP14053 **£9.99**

Designer Plus Pillow

SP14003 51 x 36 x 13cm **£54.99**

Designer Plus Pillow Case

SP14127 **£9.99**

Designer Lo Line Pillow

SP14077 45 x 32 x 10cm **£49.99**

Designer Lo Line Pillow Case

SP14131 **£9.99**

Designer Lo Line Plus Pillow

SP14281 51 x 36 x 10cm **£54.99**

Designer Lo Line Plus Pillow Case

SP14319 **£9.99**

HARLEY COMFORT PILLOWS



Harley

These pillows are the ultimate luxury pillow in terms of comfort. They are a traditional pillow shape. Both pillows are supplied with a luxurious, washable, zipped, Harley velour cover.

Memory Foam Comfort Pillow is made from visco elastic memory foam and moulds to the individual users shape using temperature and pressure.

SuperSoft Comfort Pillow is made from high quality moulded polyurethane foam, and is a fantastic alternative to a latex pillow. It is exceptionally soft but yet incredibly supportive.

Size: 68 x 42 x 10cm

Memory Foam Comfort Pillow
SP15891 **£44.99**

SuperSoft Comfort Pillow
SP15892 **£42.99**

Comfort Pillowcase
SP15902 **£12.99**

HARLEY ORIGINAL PILLOW



Harley

Moulded from cold cast polyurethane foam to offer added support. Fitted inner and removable slipover case as standard except Original Travel.

Additional slip over pillow cases available

Original Pillow

SP14000 45 x 32 x 13cm **£39.99**

Original Pillow Case

SP14002 **£5.99**

Original Plus Pillow

SP14006 51 x 36 x 13cm **£44.99**

Original Plus Pillow Case

SP14033 **£5.99**

Original Lo Line Pillow

SP14056 45 x 32 x 10cm **£39.99**

Original Lo Line Pillow Case

SP14135 **£5.99**

Original Lo Line Plus Pillow

SP14280 51 x 36 x 10cm **£44.99**

Original Lo Line Plus Pillow Case

SP14318 **£5.99**



SEE PAGE 54-55

MEMORY FOAM MATTRESS TOPPERS



Designed to be used on top of your existing mattress, helping to relieve aches, pains and joint stiffness. Moulds to the individuals body providing even pressure distribution. 100% Top quality, high grade, visco elastic memory foam. 4cm deep.

With Cover

SP34355/COV Single 91 x 190cm **£199.99**

SP34356/COV Double 137 x 190cm **£286.99**

SP34357/COV King 152 x 198cm **£319.99**

SP34358/COV Super King 183 x 198cm **£339.99**

Foam Only

SP34355 Single 91 x 190cm **£122.99**

SP34356 Double 137 x 190cm **£186.99**

SP34357 King 152 x 198cm **£219.99**

SP34358 Super King 183 x 198cm **£232.99**

HARLEY MEMORY FOAM MATTRESSES



Complete Relaxation And Pressure Relief. Temperature reactive visco elastic memory foam. Suitable for both standard and profiling beds. Supplied with zipped, Harley Coolmax cover as standard. Waterproof / multi stretch VP covers available on request. All mattresses are 15cm deep.

SP34381 Single 91 x 190cm **£429.99**

SP34382 Double 137 x 190cm **£589.99**

SP34383 King 152 x 198cm **£644.99**

SP34384 Super King 183 x 198cm **£774.99**

CUSTOMISED SIZES ARE AVAILABLE ON REQUEST

Innovative products for easier living

Bed and Chair Care

HARLEY MATTRESS TILTER

Harley



Place under an existing mattress to give a 5" tilt. Place at the foot of the bed to relieve symptoms of oedema, varicose veins, low back pain and general fatigue. Use at the head of the bed to alleviate hiatus hernia and respiratory difficulties.

Washable zipped cover

Mattress Tilter

Size: 45 x 63 x 13>2cm
SP14030

£39.99

Spare Cover

SP14098

£23.99

HARLEY LEG RAISER

BEST SELLER

Harley



Designed to support the back of the knee and heel whilst allowing the calf to relax. Takes pressure from the lower back and stimulates circulation. Back pain is relieved and symptoms of oedema, varicose veins and fatigue are greatly eased.

Washable zipped cover

Leg Raiser

Size: 45x63x18x8x13cm
SP14028

£50.99

Spare Cover

SP14125

£23.99

HARLEY BED RELAXER

Harley



Support and comfort whilst sitting or sleeping in bed. Can be used in two ways either upright to allow easy reading. For those who find it uncomfortable to sleep lying flat, just turn it around and place under a normal pillow.

Washable zipped cover

Bed Relaxer

Size: 45 x 56 x 20>1cm
SP14027

£43.99

Spare Cover

SP14099

£23.99

CUSTOMISED SIZES ARE AVAILABLE ON REQUEST

HARLEY DESIGNER KNEE SUPPORT



Visco Elastic Memory foam is used for gentle support. Touch-close fastening. **Washable cover**

Designer Knee Support

SP14250 26 x 26cm

£37.99

Spare Cover

SP14126

£14.99

HARLEY ORIGINAL KNEE SUPPORT

Made from polyurethane foam for maximum control. Touch-close fastening. **Washable cover**

Original Knee Support

SP14029 26 x 26cm

£26.99

Spare Cover

SP14126

£14.99

HARLEY 'V' PILLOW

Harley



Superbly comfortable and gives excellent shoulder and neck support whilst relaxing either in bed or the chair.

Fitted pillowcase available

'V' Pillow

SP14222

£24.99

'V' Pillow Pillowcase

SP14223

£11.49

HARLEY BATWING PILLOW

BEST SELLER

Harley



Specially shaped into three sections to hold you snugly. The lumbar section gently supports your back and the side sections give fantastic lateral support. Use in bed or your favourite chair.

Fitted pillowcase available

Batwing Pillow

SP14213

£26.99

Batwing Pillowcase

SP14214

£11.49

DON'T FORGET TO ORDER YOUR SPARE COVER / PILLOW CASE

See Back cover for how to order

Bed and Chair Care

NEW

Struggling to get in and out of your chair or bed?

NEW Langham SureGrip furniture raisers are the quick and safe solution.



1 Twist Adjusts to your ideal height



2 Attach Each raiser grips firmly



3 Relax Enjoy more comfort at home

Don't buy a new chair - you can fit SureGrip raisers easily to any home furniture:

Chairs, beds, sofas	✓	Small Castors	✓
Thin or chunky legs	✓	Solid divan bases	✓
Block feet	✓	Bun feet	✓

Each raiser has a unique double grip for stability and safety. Also included are adhesive block foot adaptors, which make the Langham SureGrip the most versatile furniture raiser available. >>>



SUREGRIP FURNITURE RAISERS

These furniture raisers allow an existing chair or bed to be raised to suit the user's needs, instead of having to buy expensive new furniture. Designed to make furniture raising as simple as possible, it features a double grip to hold tightly on to furniture. It features a variable height adjustment, giving a wide range from 38-100mm (1½-4") for furniture with legs. Maximum leg or castor diameter is 70mm (2¾").

NEW

Pack includes 4 x Langham SureGrip raisers and 4 x adhesive pad adaptors for block feet

Max user weight **110 st** **700 kg**

PR60704 Raiser Unit - 4 per set (€37.49) **£44.99**

ELEPHANT FEET - CHAIR AND BED RAISERS



Simply place under chairs or beds to raise the height. Simple but strong, one piece grey plastic blends with most furniture.

Available in two heights 4 per set

Max user weight **60 st** **380 kg**

PR60700 9cm (€18.74) **£22.49**

PR60740 14cm (€21.49) **£25.79**

CONE RAISERS



These stackable moulded cones will raise a chair or bed to an optimum height. The cones feature a recessed top and anti-slip pads to hold the legs or castors securely in position.

Available in two sizes:
Small:90mm
Large:140mm



PR60705/90 Small - 4 per set (€16.66) **£19.99**

PR60705/140 Large - 4 per set (€19.16) **£22.99**

Max user weight **35 st** **225 kg**

Innovative products for easier living

Be Independent.™

ASSIST-A-TRAY™

BECAUSE YOUR TRAY SHOULD EASILY SWIVEL OUT OF THE WAY AND HELP YOU STAND



- Provides Assistance In And Out Of Couch or Chair
- Multi-Use Swivel Tray Keeps Handy Items Close By
- Adjustable In Height And Length
- Quick Assembly No Tools Acquired



ASSIST-A-TRAY



This new, patented invention features an ergonomic grip handle that provides support in and out of any sofa, chair or recliner. Attached to the handle is a dual pivoting tray that rotates 360 degrees to allow for the most convenient placement. Tray includes a cup holder and extended compartment, perfect for keeping handy items close by.

PR60189

£199.99

ECONOMY OVER CHAIR TABLE

This Over Chair Table is made from epoxy coated steel with an easy clean laminate Beech effect table top, which can be tilted for reading or craft activities, the table is fitted with four castors for ease of positioning.

BEST SELLER



Table top: 60.5 x 40cm

Base: 80 x 58cm

Height adjustable: 69.5 - 84.5cm

PR60195

£84.99

Max load weight **22 lbs** **10 kg**

See Back cover for how to order

Bed and Chair Care



STAY ACTIVE WITH PORTABLE LIFTING SEATS!

- For those with light to moderate sit-to-stand needs
- Electric & non-electric models
- Levelift™ for a safe, gentle lift
- Work on most armchairs or sofas

Power Seat



Electric-power provides 100% lift for those up to 136kg. Polyurethane foam, washable cover & weighs 5.4kg.

Seat Assist



No batteries or electricity. Up to 70% lift assistance for those up to 154kg. Choose memory or polyurethane foam. Weighs only 4.1kg.

www.carex.com

UPEASY

BEST SELLER

Uplift Product	Code	Maximum load	Price
Power Seat™			
Upeasy Powered Lifting Cushion	PR30361	Upto 21 stone	(£183.33) £219.99
Seat Assist®			
Upeasy Seat Assist Standard Cushion	PR30357	6 - 16.5 stone	(£123.33) £147.99
Upeasy Seat Assist Standard + V Foam	PR30358	6 - 16.5 stone	(£138.33) £165.99
Upeasy Seat Assist Plus Standard Cushion	PR30359	14 - 25 stone	(£123.33) £147.99
Upeasy Seat Assist Plus + V Foam	PR30360	14 - 25 stone	(£138.33) £165.99

Harley

Wheelchair Cushions

Manufactured in the UK by **Able2**



See Pages 36-39

Innovative products for easier living

Eating and Drinking

FEEDING CUP



These feeding cups are accompanied with 2 spouted lids per cup. One spout is wide and the other is narrow.

There are two types of cups to choose from, one with wings (handles) or one without. Each pack contains 2 cups and 4 lids. Holds 237ml. Household dishwasher safe.

PR65033

Feeding cup (includes 2 lids) **£8.99**

PR65032 Feeding cup with wings (includes 2 lids) **£8.99**

SURE GRIP CUP



This stackable, polycarbonate mug features deep grooves allowing a comfortable, anti-slip grip. The optional lid changes colour if the contents are in excess of 50°C in temperature. An optional handle is available as is a useful straw clip.

Microwave and dishwasher safe. **Available in three colours**

PR65571 Clear cup **£7.19**

PR65572 Blue cup **£7.99**

PR65573 Pink cup **£7.99**

PR65581 Handle **£7.49**

PR65582 Straw clip **£0.99**

Temperature regulated lid

PR65580 (£6.66) **£7.99**

DUO

DUO is an innovative ergonomic handle that attaches to everyday mugs, glasses and bottles, increasing grip and stability when drinking. An alternative to 2 handled mugs or beakers. Wraparound style protects hands and fingers. Can hold cups/mugs of a diameter from 70-90mm. Wash in warm water.

PR65673 **£11.99**



Rika make drinking easier



RIKA
CARE

See Back cover for how to order

Eating and Drinking

DIGNITY by Wade



Ⓐ Dignity - 1 Handled Mug		
PR65546W	White	£8.39
PR65546G	Green	£8.39
PR65546Y	Yellow	£8.39
Ⓑ Dignity - 2 Handled Mug		
PR65540W	White	£12.89
PR65540G	Green	£12.89
PR65540Y	Yellow	£12.89
Ⓒ Dignity - 2 Handled Feeder Cup		
PR65541W	White	£12.89
PR65541G	Green	£12.89
PR65541Y	Yellow	£12.89

TWO HANDED CHINA CUP



This cup and saucer is made from lightweight bone china. The cup has two handles, to assist those with shaky or frail hands. The pattern style and colour may vary.

PR65050 (£15.83) **£18.99**



Dignity is made from vitrified earthenware with added Alumina for extra strength and are dishwasher, microwave and freezer proof and are available in White, Yellow and Green.

Ⓓ Dignity - 2 Handled Feeder Cup with pierced spout		
PR65542W	White	£12.89
PR65542G	Green	£12.89
PR65542Y	Yellow	£12.89
Ⓔ Dignity - Plate 23cm		
PR65543W	White	£21.99
PR65543G	Green	£21.99
PR65543Y	Yellow	£21.99

TEATOOL



Tea Tool is a simple solution that helps those who find it difficult to squeeze the tea bag. Pop a tea bag in the cage, place it in your cup and pour the hot water in; give it a stir and press the plunger to squeeze the bag, releasing all the flavour and excess water.

PR60092 **£4.99**

KETTLE TIPPER



This tipper allows the safe and steady pouring of hot liquids without lifting any weight. It is suitable for most types of teapot or electric kettle and comes with a Velcro strap for added security. When using the tipper with a cordless kettle (especially a jug kettle) for extra safety, it is recommended that the tipper stabiliser base is used. Suitable for use with cordless kettles.

Length: 205mm
Width: 275mm
Height: 200mm

Ⓐ Kettle Tipper	
PR60011500g	(£33.99) £40.79
Ⓑ Stabiliser base for kettle/teapot/jug tipper	
PR60011/BASE	(£17.49) £20.99

JUG KETTLE TIPPER



Designed specifically for the use with jug kettles, this sturdy wire tipper makes it safe and easy to pour water. Holds your kettle securely in a cradle and pivots gently to pour without the need to lift. Not suitable for cordless kettles.

PR60072 (£13.66) **£16.39**

SUCUP CARE

THE SUCUP[®] Care allows users to eat semi-solid or partly liquidised foods cleanly, easily and independently. The perfect solution for those who have difficulty eating using traditional methods. The vacuum-assisted cup is used by either lightly pressing, or sucking, on the straw.

PR65674 **£19.99**

PR65674/S Straws **£8.99**



NEW

CLEAR MUG WITH HANDLE

A clear plastic mug with large open handle to grip round or under. Supplied with two lids, one for anti-spill and one with a drinking spout. Mug is dishwasher safe but not the lids. Microwave safe.



PR65100 300ml **£7.99**

The rim of the HANDYCUP is angled so that a person can drink without tipping their head back to drain the glass. It can be tipped beyond the point where a normal cup would hit the bridge of your nose. The cup is transparent so that the level of the contents is always visible. The cup has large handles so that the person can fit their hand inside for better grip or can hold handles. The large

base helps to prevent tipping. Household dishwasher and microwave safe. **Includes lid.**



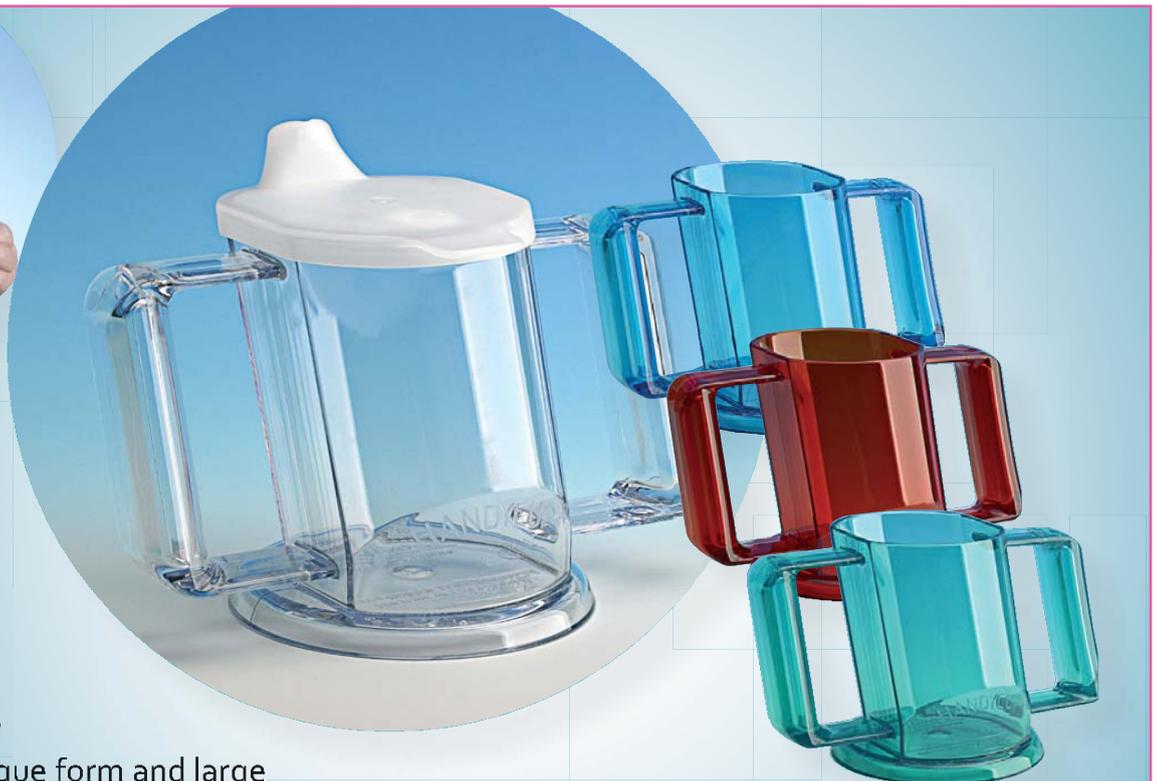
Size: 200ml

PR65646 Clear **£12.99**

PR65646/B Blue **£12.99**

PR65646/G Green **£12.99**

PR65646/O Red **£12.99**



HANDYCUP[®]

The cup's oblique form and large handles make gripping and drinking easy. Household dishwasher and microwave safe. Includes lid.

HENRO·TEK

www.henro-tek.dk

Eating and Drinking

GRIPWARE™ ROUND SCOOP DISH



BEST SELLER

The low front and high back are ideal for persons with limited motor co-ordination or the use of only one hand. The plastic dish is microwave safe and household dishwasher safe.

PR65006 20cm (D) **£10.39**

GRIPWARE™ PARTITIONED SCOOP PLATE



Compartments help to keep food separate and provide more surfaces for scooping. Dish measures 22cm in diameter.

PR65601 **£12.39**

DINNER BIBS

NEW

These bibs are long, with a poly/cotton front and a waterproof backing. The neck of these bibs open and close with snap buttons. Colours and style may vary. Machine washable.



Size of bib: 460 x 890mm

PR65645 **£11.99**

STAY WARM FEEDING DISH



Keep food warm for longer using this convenient dish. A chamber under the plate is easily filled with warm water, keeping food warm for longer. The dish also has a non slip ring which keeps the dish in place, reducing the risk of spillage. Microwave and top rack dishwasher safe.

PR65110-N 22cm (D) **£14.19**

FOOD GUARD



This flexible food guard can be fitted to ordinary plates to assist with one handed eating. Plate size 190 to 254mm external diameter. Microwave and dishwasher safe.

Weight: 45g

PR65071 (£3.91) **£4.69**

NOVO CUP



Perfect for people who want to drink without having to be helped. The Novo Cup allows you to drink comfortably while lying down. Dishwasher, microwave and autoclave safe.

PR65075 250ml **£4.49**

FOR ANTI-SLIP MATTING SEE PAGE 24

CLICK CUP



This plastic feeding cup has a spouted lid which if required can be clicked to create an angle when drinking. Lids available separately. Dishwasher safe.

Cup only

PR65665 200ml **£2.69**

Lid only

PR65665/L4 4mm spout hole **£2.69**

PR65665/L8 8mm spout hole **£2.69**

INSULATED MUG



A quality insulated mug with lid at a great value. This polypropylene mug keeps liquids hot or cold as necessary. Household dishwasher and microwave safe.

Size: 237ml (8fl.oz.)

PR65030 Insulated mug **£16.99**

GOOD GRIPS® CUTLERY

OXO
GOOD GRIPS®



Serrated rocker knife



Twist in shaft allows utensil to be adjusted to any angle. Bend for use in right or left hand



Rocker knife requires only minimal strength for easy cutting



Stainless steel. Dishwasher safe



Soft flexible ribbing adapts for any grip



Large cushioned grip is comfortable to hold



Hold handle firmly.



Bend left or right.



Adapt for custom use.

Good Grips® cutlery has a soft cushion grip that keeps the utensil in the hand - even when wet!

The built up handles are made of soft latex - free material, with flexible ribbing that's comfortable and adapts to any grip. Each stainless steel utensil has a special twist built into the metal shaft that allows the spoons and forks to bend to any angle. You can bend them for either left or right handed use. The rocker knife requires only minimal arm strength for cutting. A special extended safety cap protects fingers. Dishwasher safe.

PR65591	Fork	(£9.41) £11.29
PR65595	Youth Spoon	(£9.41) £11.29
PR65593	Teaspoon	(£9.41) £11.29
PR65594	Dessert Spoon	(£9.41) £11.29
PR65592	Rocker Knife	(£9.99) £11.99
PR65592/S	Serrated Rocker Knife	(£10.74) £12.89
PR65590	Souper Spoon	(£12.24) £14.69

BEST SELLER

GOOD GRIPS® SPREADER KNIFE

NEW

OXO
GOOD GRIPS®



The wide, curved blade provides a large spreading surface for cream cheese, butter, jams and jellies. Hand-finished stainless steel blade is sturdy and durable. Soft, non-slip handle keeps your hand comfortable and absorbs pressure.

PR65586 (£6.24) **£7.49**

KNORK



The Knork is a stylish fork with wide, rounded and bevelled outer tines that will safely cut food like a knife, without a sharp edge to cut the mouth of the user. It slices through food with a rocking motion which is facilitated by a finger platform on both sides of the handle. As it is symmetrical it can be used by both left and right hand users. An optional foam handle is also available.

PR65654	Single Knork	£13.49
PR65654/FH	Foam Handle	£6.89

See Back cover for how to order

Household and Kitchen

GOOD GRIPS® JAR OPENER



Comfortable, built-up handle helps open stubborn lids easily. Two metal grip strips allow for easy removal of lids ranging from 13 to 95mm in diameter. Household dishwasher safe.

PR63023 £7.49

GOOD GRIPS® 'Y' PEELER



Good Grips® handle ensures a secure hold, even when wet. Household dishwasher safe.

PR63020 £5.99

TURN KEY



Screw cap cartons can be difficult to open especially for children or elderly people who often lack the strength in their fingers. The Turn Key Screw cap opener solves the problem.

PR60053 £4.49

JAR POP KEY



BEST SELLER

The Jar Pop Key is placed against the lid of the jar, and with a slight lift, the vacuum is released, and the lid can now be easily unscrewed. Dishwasher proof. MAX version is for deeper jar lids.

Ⓐ PR60035 £5.19

Ⓑ PR60035/MAX £5.19

EZ SQUEEZE ONE HANDED CAN OPENER



The Chef'n EZ Squeeze One Handed Can Opener features a patented ratcheting mechanism which enables you to open cans with one hand.

PR60075 £17.99

CAN KEY



Practical and patented opener for all cans with a ring pull opening device. Dishwasher proof.

PR60037 £4.59

PLASTIC MULTI OPENER



Use this multipurpose device to easily open aluminium can tabs, twist off resealable and pressure sealed bottle caps.

PR60039 £3.99

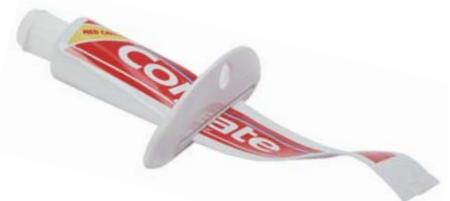
LONG HANDLED DUSTPAN AND BRUSH



The long handle means you don't have to bend down which really takes the backache out of cleaning. **Colours may vary.**

Size: 865 x 240 x 190mm
PR60064 £20.99

TUBE MASTER

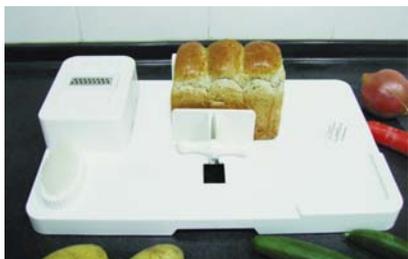


Tube master squeezes out the last remains of the tubes in a simple way that leaves nothing inside the tube.

PR60054 £5.19

FOOD WORKSTATION

This Food Work Station is designed to assist with day to day kitchen tasks. Ideal for those who have difficulty in gripping or only have one hand available. The clamp can grip all sorts of food, bowls, jars or bottles and is easy to operate. The stainless steel spikes hold bread, fruit or vegetables. The grater and slicing box can be mounted on the board. Four suction cups prevent the work station from slipping.



NEW

Size: 50 x 30 x 3.5cm

PR60091

£66.99

COOKING BASKETS



NEW

By using this lightweight cooking basket the contents of the pan can be removed easily and safely without also having to lift the entire weight of the pan itself. The pan itself can then be left to safely cool down for removal later when the risks of burning or scalding to the user have gone.

Two cooking baskets are included: diameters are 6" and 8"

PR60010

£19.99

EASITURN TAP TURNER

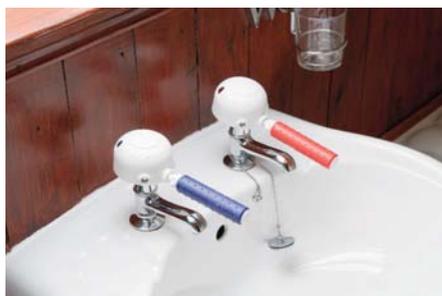


These aesthetically designed tap turners fit easily onto crosshead style taps and act as convenient levers making turning the tap on and off much easier.

PR45565

(£6.08) **£7.29**

DERBY TAP TURNERS



These tap turners fit crosshead and crystal taps, making them easier to turn. They are hard wearing and easily fitted, providing outstanding grip with no tools required. **Sold in packs of two**

PR45564

(£17.49) **£20.99**

PULG



Not all plugs are in a convenient place. Some won't pull out smoothly or easily. The PULG™ solves this problem. This simple device allows you to remove plugs effortlessly. Even removing plugs from extension leads becomes a one handed finger and thumb operation. Once you have fitted your appliances with PULGSTM you will wonder how you ever lived without them. **2 per pack**

PR60097

£4.99

PLUG TUGS



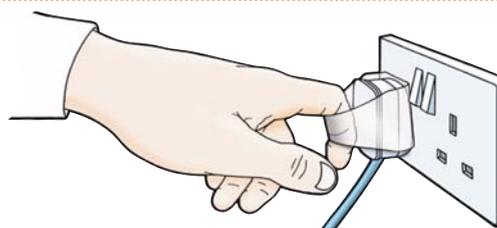
This Plug-Tug makes removing fiddly plugs less of a hassle. They are easy to attach and use. They help you identify confusing wires and plugs as it includes a range of stickers, labels and a marker pen.

Single pack contains 10 Plug Tugs

PR60076

Single Pack

£3.99



Household and Kitchen

FOOTSTOOL



Max user weight **19 st** **120 kg**

A sturdy, steady footstool with rubber mat surface and a steel frame. This stool makes access to the bath easier. Also available with a handrail. **Colour may vary.**

Additional handrail: 81cm (H)

PR60222 **£31.99**

PR60222H With handrail **£49.99**

KEY TURNER III



BEST SELLER

4 IN 1 PERCHING STOOL

This versatile perching stool can be used as 4 different types.

- seat only
- seat and arms
- seat and back
- seat back and arms

The frame is a powder coated steel and the seat is padded. The product is flat packed and only requires minor assembly.

Seat height adjustable: 55 - 70cm

PR60266 (€54.16) **£64.99**

Max user weight **18 st** **114 kg**



TABLE-TOP FINGERNAIL CLIPPER

✓ IMPROVED

The Table Top Fingernail Clipper is mounted on a plastic base with non-slip feet. The large finger pad provides comfort and good leverage. The stainless steel clipper has a curved edge.



PR63005 **£11.89**

LONG HANDLED TOENAIL SCISSORS



The moulded finger and thumb grip on these Toenail scissors allow easier gripping and greater leverage. This strong angled blade provides a good cutting position and can cut through even the toughest nails.

PR63006 210mm (L) **£8.79**

PRIMA OUTDOOR RAIL

The Prima Outdoor Rail has been designed to be used out doors mainly to help in doorways. The bar has good grip and is coloured in black.

Size: 450mm (L)

PR60287 (€11.58) **£13.89**



HAND GRIP REACHER

A lightweight, but strong reacher that helps to pick up dropped items. The moulded handle is comfortable and operated by all four fingers making it easy to user for people with weaker hands. The rubber lined jaw provides a secure grip when picking up dropped items. The jaw also has a hook which can help with dressing.

Length: 813mm



PR60204/32 (€11.24) **€13.49**

ROTATING REACHER



This reacher with the rotating clamp is ideal for individual tasks, just rotate the clamp to suit the job in hand. Easy to operate with the pistol style grip.

PR60214	787mm (L)	(€11.49) €13.79
PR60214/F	Folding Version	(€12.49) €14.99

STANDARD REACHER



BEST SELLER

This reacher with the pistol style grip is easy to operate, this lightweight reacher has a magnet on the tip which enables you to pick up metallic objects.

Code		Length	Weight	Price
PR60208	Short	673mm	168g	(€8.33) €9.99
PR60209	Long	825mm	190g	(€9.16) €10.99
PR60205	Folding	673mm (343mm folded)	255g	(€8.33) €9.99

See Back cover for how to order



Tenura

Anti-slip and grip for independent living

NON-SLIP JAR OPENER

NEW



PR61651/R Red	£4.49
PR61651/B Blue	£4.49
PR61651/Y Yellow	£4.49
Sold Individually	

NON-SLIP BOTTLE OPENER



PR61650/R Red	£3.59
PR61650/B Blue	£3.59
PR61650/Y Yellow	£3.59
Sold Individually	

NON-SLIP RECTANGULAR COASTERS - 9cm x 9cm



PR61652/R Red	£8.99
PR61652/B Blue	£8.99
PR61652/Y Yellow	£8.99
4 per pack	

NON-SLIP STRIP - 1m x 2cm



PR61666/B Strip Blue	£2.99
Sold Individually	

NON-SLIP CIRCULAR COASTERS



PR61653/R 14cm dia - Red	£5.99
PR61653/B 14cm dia - Blue	£5.99
PR61653/Y 14cm dia - Yellow	£5.99
PR61654/R 19cm dia - Red	£9.19
PR61654/B 19cm dia - Blue	£9.19
PR61654/Y 19cm dia - Yellow	£9.19
Sold Individually	

NON-SLIP RECTANGULAR TABLE MATS



PR61655/R 25cm x 18cm - Red	£11.49
PR61655/B 25cm x 18cm - Blue	£11.49
PR61655/Y 25cm x 18cm - Yellow	£11.49
PR61656/R 35cm x 25cm - Red	£18.99
PR61656/B 35cm x 25cm - Blue	£18.99
PR61656/Y 35cm x 25cm - Yellow	£18.99
PR61657/R 45cm x 38cm - Red	£32.99
PR61657/B 45cm x 38cm - Blue	£32.99
PR61657/Y 45cm x 38cm - Yellow	£32.99
Sold Individually	

NON-SLIP ROLL - 1m x 20cm



PR61660/B Blue	£10.99
PR61660/R Red	£10.99
Sold Individually	

NON-SLIP FABRIC - ROLL = 50cm x 182cm



PR61667/W White	£10.99
PR61667/BK Black	£10.99
PR61667/BE Beige	£10.99
Sold Individually	

NEW



Tenura
Anti-slip and grip for independent living



Tenura

Anti-slip and grip for independent living

NON-TOXIC
PHTHALATE PLASTICISER FREE

Tenura is more than a range of non-slip products. It can be built into a lifestyle system to maintain independent living for people with impairments to the strength of their grip or limits to mobility. Or it can be used in ordinary domestic circumstances...



- Provides firm grip and hold
- Non-toxic and chemically inert
- Phthalate plasticizer free
- Autoclave safe to 250°C
- Fully washable and long lasting

Anti-slip and grip for independent living

See Back cover for how to order

Household and Kitchen

7 DAY MINI PILL BOX



The large 7 day pill box has 7 compartments. One per day for daily medication with a flip top lid. The lids are marked with letters and Braille.

Colours may vary

Length: 130mm

Width: 35mm

Depth: 24mm

PR61432

£3.49

WEEKLY MULTI DOSE PILL BOX



Suitable for up to four times daily medication for one week or for four weeks once daily. The box has the weekdays and morning, noon, evening and night printed and in Braille. Medication record label included. **Colour may vary**

PR61431

£9.19

PILL CRUSHER/2



Crushes uncoated pills into powder by a screw action. Ideal when mixing the medication with a drink or food. Useful for children or those with difficulty swallowing.

PR61437

£4.29

7 DAY EXTRA LARGE PILL BOX



A large dispenser to enable a selection of pills to be added to each daily compartment. The large letters and compartments are helpful for users with poor eyesight or dexterity. Each day has a flip top lid.

Length: 230mm

Width: 45mm

Depth: 27mm

PR61430

£2.09

PILL DAILY DOSE



A wallet containing seven individual transparent one-day strips, marked with the day and dose time. A pouch is supplied to carry a strip.

PR61438

£12.79

PILL DISPENSER BAG



Contains four zipped compartments marked morning, noon, evening and bedtime. It is easily opened and is foldable for convenience and portability.

Size open: 42 x 12.5cm

Size closed: 12.5 x 8.5 x 2cm

PR61444

£7.99

PILL SPLITTER



Eliminate the mess and inaccuracies of dividing medication. Easily cuts pills without the risk of cutting the hand. Dishwasher safe.

PR61500

£5.49

PILL BOX REMINDER



Don't forget to take your pills. This great little timer is pocket sized or can be worn around your neck and pre set to sound when you are due to take your medication.

- Pocket size pill box with neck cord
- Audible alarm and flashing light indicate when medication is due
- Real time display
- Count down timer up to 19 hours
- Count up timer to 19 minutes 59 seconds
- Uses 1 x 1.5v Button cell battery (included)

PR61433

£12.39

MULTI GRIP

Practical and patented opener for various bottles with safety caps, like cleaning liquids and pill bottles (Keep out of reach of children!).



PR60036

£4.59

It gives you a new life.

Let's Go indoor rollator has become a worldwide success. It is light and easy to use. It gives support and safety in all situations. Use it as a help in the kitchen, bring it with you into the bathroom, use it as a food-trolley or a small table for meals and coffee-breaks and let it give you safety at the beside in the night.

Let's Go indoor rollator.



LET'S GO INDOOR ROLLATOR

The **Let's Go** comes with a useful carry bag and clip on tray, which is ideal for transporting drinks, plates or any other small lightweight items from room to room.

The hand operated brakes are easy to apply and can be used as parking brakes. The handle is soft and comfortable and can be adjusted to suit the height of the user. The brakes are also linked together so that both brakes can be operated with just one hand. The **Let's Go** can be neatly folded away when not in use or for transporting in a car. Tray colour may vary.



Handle height: 790-900mm

Tray height: 680mm

Length: 630mm

Width: 520mm

Carrying weight: 6kg

PR30285 Beech/Silver (£149.99) **£179.99**

PR30285/SL Silver/Silver (£149.99) **£179.99**

BEST SELLER

Max user weight **16 st** **100 kg**

DELUXE FOLDING WALKER

Folding and lightweight and robust with aluminium frame and adjustable height legs. Folds by use of a simple press down button and becomes only 100mm thick for easy storage or transportation.



Available in silver

Height adjustable: 787-965mm

Width: 508mm

Depth: 406mm

Weight: 2.4kg

PR30180-SL (£53.33) **£63.99**

Max user weight **19 st** **120 kg**

See Back cover for how to order

STEEL TRI WHEEL WALKER



High quality 3 wheeled walker made from strong gauge steel. Folds for easy storage and transportation. Orthopaedic handles with hook, lock down brakes. Height adjustable handles. Available in Burgundy. Includes bag, basket and tray.

Handle height: 863 - 940mm
 Carrying weight: 6.5kg
 PR30273/30-BU (£74.99) **£89.99**

STYLE MAY VARY

Max user weight **18 st** **114 kg**

BLUEBIRD – TRANSIT/ATTENDANT FOLDING WHEELCHAIR



The Bluebird attendant propelled wheelchair has a half folding back, fully removable padded desk arms, swing away removable footrests with a leg strap for added comfort, superbly finished with a Metallic Blue frame with black nylon padded upholstery. Folds quickly and easily for storage and transportation. The Bluebird comes complete with braked handles for use by the attendant/carer.

Seat height: 508mm
 Handle height: 915mm
 Overall width: 635mm
 Seat width: 457mm
 Carrying weight: 14kgs
 PR32000 (£166.66) **£199.99**

Max user weight **16 st** **100 kg**

COMPACT ALUMINIUM TRI WHEEL WALKER



NEW

High quality 3 wheeled walker made from aluminium. Folds for easy storage and transportation. Looped brakes can be locked to give the user additional confidence when resting in a standing position. Height adjustable handles. Requires assembly. Includes a bag. **Available in metallic blue or silver frame**

Handle height: 780 - 940mm
 Carrying weight: 4.7kg

PR30275/SL Silver (£83.33) **£99.99**
 PR30275/BL Blue (£83.33) **£99.99**

Max user weight **18 st** **114 kg**

COMPACT ALUMINIUM ROLLATOR



Max user weight **18 st** **114 kg**

NEW

PR30282/BL (£124.99) **£149.99**

A lightweight aluminium rollator that is easily manoeuvrable, prompting independence inside and outside of the home. Looped brakes can be locked when resting in a seated or standing position. The seat height has three positions and can be adjusted easily depending on the height of the user. The handles are also height adjustable. Folds easily for storage and transportation. Includes a bag for storage under the seat.

Available in a metallic blue frame
 Seat height: Low 455mm High 580mm
 Handle height: 780 - 940mm
 Carrying weight: 4.7kg

FOR WHEELCHAIR CUSHIONS
 SEE PAGES 36 - 39

Harley

LET'S GO OUT ROLLATOR

NEW



Max user weight  

Let's Go Out gives quality of life mixed with a beautiful and elegant design.

It is extremely light both in use and when folded away. It is easy to fold, takes up very little space and can stand for itself when folded. Big front and rear wheels make it easy to get over kerbs and other everyday obstacles. The spring system in the wheels absorbs any uneven surface.

The rubber handles are soft, comfortable, adjustable in height from 78 to 96cm. Easy manageable lockable brake. Comfortable leather effect seat.

Included is a bag which can be attached easily, as well as doubling as a normal bag with carry handles.

Length: 67cm Width: 58.5cm

Seat width: 40.5cm

Seat height: 59.5cm

Handle adjust height 77-95cm

PR30278/BE Beige/Silver

PR30278/BK Black/Silver

Price

(£224.99) **£269.99**

Let's Go Out!

Enjoy life a little more.

Let's Go Out rollator. Worldwide success.

Let's Go Out is light and steady. It weighs only 6.2 kgs and is 58.5 cms wide. It can easily be folded to 20 cms and put inside a car or stored in a small space. The big front wheels make it easy to cross kerbs and the rear wheels have mudguards to protect your clothes from dirt. Adjustable handle height from 78 to 96 cms. Of course there is a brake that can also be locked for parking.

Two colours.

Let's Go Out is available in two colour combinations, one of them

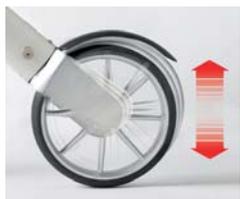
in black/silver with black seat and the other in beige/silver with brown seat.

Available accessories are a backrest band in the same colour as the seat, a tray that can be placed over the seat and a crutch holder, that can easily be mounted on the rollator without the help of any tools.



Practical shopping bag.

The bag can be placed under the seat or lifted off and used as a shopping bag.



NEW!

Let's Go Out is the first rollator that has a built-in soft suspension on the rear wheels for smoother walk on rough surfaces.



See Back cover for how to order

ERGONOMIC GRIP CANES



Max user weight **18 st** **114 kg**

Arthritis Grip Cane for users that need full palm support. Especially suitable for Rheumatoid Arthritis sufferers. **Available in Black**

Adjustable height: 762-991mm

Ferrule size: 19mm

Right handed

PR30107-BK (£13.33) **£15.99**

Left handed

PR30108-BK (£13.33) **£15.99**

THE BUCKINGHAM WALKING FRAME CADDY



The Caddy has one large and one small compartment to allow the user to separate items such as glasses, keys, medication etc. Supplied with a tray, that is designed to safely transport a plate of food, and a mug holder, which catches any spillages. The caddy is easy to fit to most styles of walking frame.

Maximum carrying weight: 2kg

Width without tray: 434mm

Width with tray: 457mm

Depth with tray: 310mm

Height: 200mm

Total weight: 1kg

PR30350 (£46.33) **£55.59**

COMFORT GRIP CANE



Comfort Grip Cane for users that need gentle palm support.

Adjustable height: 762-991mm

Ferrule size: 19mm

Right handed

PR30107S-BK (£13.33) **£15.99**

Left handed

PR30108S-BK (£13.33) **£15.99**

Max user weight **18 st** **114 kg**

ADJUSTABLE QUAD CANE

Height adjustable quad cane with curved neck, which places the users weight directly over the shaft for safety. The handle is shaped to fit the centre of the palm and the front tapers for the fingers.



Height adjusts from: 750-930mm

Base dimension: 230 x 240mm

Ferrule size: 16mm

PR30148/SB (£23.33) **£27.99**

Max user weight **16 st** **100 kg**

FOLDING WALKING STICK COLOURS



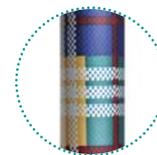
IVY



BLUE PETAL



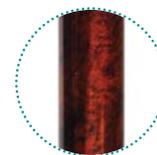
PINK FLOWER



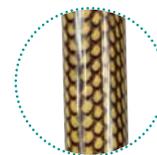
TARTAN



PAISLEY



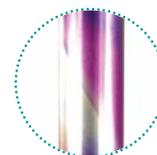
BIRDS EYE MAPLE



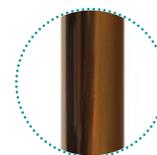
SNAKE



BURGUNDY FLOWER



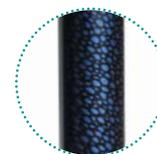
RAINBOW



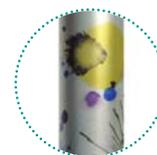
BRONZE



NATURAL



BLUE ICE



FLORAL



BLACK

ARTHRITIS GRIP CANE ADJUSTABLE - FOLDING



Arthritis Grip Cane for users that need full palm support. Especially suitable for Rheumatoid Arthritis. **Ferrule measures 19mm**

Adjustable height: 838-940mm

Left handed

PR30108F-BK	Black
PR30108F-ICE	Blue Ice
PR30108F-FRL	Floral
PR30108F-RAB	Rainbow
PR30108F-IVY	Ivy
PR30108F-PF	Pink Flower
PR30108F-PAS	Paisley
PR30108F-SNK	Snake

Price (£13.33) **£15.99**

Adjustable height: 838-940mm

Right handed

PR30107/F-BK	Black
PR30107/F-ICE	Blue Ice
PR30107/F-FRL	Floral
PR30107/F-RAB	Rainbow
PR30107/F-IVY	Ivy
PR30107/F-PF	Pink Flower
PR30107/F-PAS	Paisley
PR30107/F-SNK	Snake

Price (£13.33) **£15.99**

COMFORT GRIP CANE ADJUSTABLE - FOLDING (SMALL HANDLE)



Comfort Grip Cane for users that need gentle palm support. **Ferrule measure 19mm**

Adjustable height: 762-991mm

Left handed

PR30108FS-BK	Black
PR30108FS-ICE	Blue Ice
PR30108FS-FRL	Floral
PR30108FS-RAB	Rainbow
PR30108FS-IVY	Ivy
PR30108FS-PF	Pink Flower
PR30108FS-PAS	Paisley
PR30108FS-SNK	Snake

Price (£13.33) **£15.99**

Adjustable height: 762-991mm

Right handed

PR30107/FS-BK	Black
PR30107/FS-ICE	Blue Ice
PR30107/FS-FRL	Floral
PR30107/FS-RAB	Rainbow
PR30107/FS-IVY	Ivy
PR30107/FS-PF	Pink Flower
PR30107/FS-PAS	Paisley
PR30107/FS-SNK	Snake

Price (£13.33) **£15.99**

ADJUSTABLE WALKING STICKS - FOLDING



These folding adjustable walking sticks with 'T' shaped handle are lightweight and easy to use, they fold away neatly for easy storage when not in use. **Ferrule measures 19mm**

BEST SELLER

WALKING STICK ACCESSORIES ON PAGES 32 - 33

Height: 29-33"

PR30121-F/ICE/S	Blue Ice	(£13.33) £15.99
PR30120-F/FRL/S	Floral	(£13.33) £15.99
PR30120-BK-S	Black	(£11.16) £13.99
PR30120/BF/S	Burgundy Flower	(£13.33) £15.99
PR30120/BP/S	Blue Petal	(£13.33) £15.99
PR30120/T/S	Tartan	(£13.33) £15.99
PR30120/RAB/S	Rainbow	(£13.33) £15.99
PR30120/IVY/S	Ivy	(£13.33) £15.99
PR30120/PF/S	Pink Flower	(£13.33) £15.99
PR30120/PAS/S	Paisley	(£13.33) £15.99
PR30120/SNK/S	Snake	(£13.33) £15.99

Height: 31-35"

PR30120-F/FRL	Floral	(£13.33) £15.99
PR30120-BK	Black	(£11.16) £13.99
PR30120-BZ	Bronze	(£11.16) £13.99

Height: 33-37"

PR30121/I	Birds Eye Maple	(£13.33) £15.99
PR30121/J	Natural	(£13.33) £15.99
PR30121-F/ICE	Blue Ice	(£13.33) £15.99
PR30121-BK	Black	(£11.16) £13.99
PR30121-BZ	Bronze	(£11.16) £13.99
PR30120/BF	Burgundy Flower	(£13.33) £15.99
PR30120/BP	Blue Petal	(£13.33) £15.99
PR30120/T	Tartan	(£13.33) £15.99
PR30120/RAB	Rainbow	(£13.33) £15.99
PR30120/IVY	Ivy	(£13.33) £15.99
PR30120/PF	Pink Flower	(£13.33) £15.99
PR30120/PAS	Paisley	(£13.33) £15.99
PR30120/SNK	Snake	(£13.33) £15.99

ALL STICKS ON THIS PAGE



See Back cover for how to order

CRUTCH LOCK



The Buckingham Crutch Lock is a revolutionary new accessory which provides strong magnetic power allowing you to lock your two crutches together and enabling them to be leaned on a surface and not fall over.

PR30289 **£12.49**

FLIPSTICK

NEW



The Flipstick is a dual-purpose walking cane comprising of a rigid, folding aluminium stem with a comfortable plastic

seat/handle. Dual locking system. The triangular shaped bag is lightweight to carry – the perfect traveller's companion.

Weight with bag 0.60kg/1.33lbs

Weight without bag 0.50kg/1.11lbs

Max user weight **20 st** **130 kg**

Code	Type of Handle	Height	Colour	Price
PR30127	Original	87.5cm	Black	£19.99
PR30128/BK	Adjustable, Folding	87.5-91.5cm	Black	£33.99
PR30128/PK	Adjustable, Folding	87.5-91.5cm	Dayglow Pink	£33.99
PR30128/NB	Adjustable, Folding	87.5-91.5cm	Navy Blue	£33.99

CRUTCH PADS



Constructed from a core of high density polyurethane foam topped on either side with a layer of visco elastic memory foam. The combination of memory foam and the multi-stretch fabric allows these pads to easily wrap round a crutch or stick handle. Can also be used on a variety of walking aids.

Sold as a pair

Pad Size: 13 x 13 x 3.5cm

SP54955 **£22.99**

CRUTCH POD



Stylish neat and modern design the Crutch Pod easily clips to a variety of positions on the stem of the crutch allowing personal belongings such as mobile phones, sunglasses, keys, water bottle etc to be carried with ease.

PR30288 **£12.49**

COMFORT GRIP ADJUSTABLE CRUTCHES

Forearm Crutches have an anatomical soft grip designed to support the palm and spread the pressure, for increasing comfort. Leg and forearm sections adjust independently for a custom fit. Finished in Bronze or Blue metallic.

Sold in pairs

Height to handle: 660-890mm

Handle to cuff: 230-310mm

Ferrule size: 21mm

Bronze

PR30081-BZ (£35.83) **£42.99**

Blue

PR30082-BL (£35.83) **£42.99**

BEST SELLER

Max user weight **16 st** **100 kg**



CANE STRAP



Cane strap for wood or plastic handled canes.

PR30150 **£1.99**

BRIDGIT



Bridgit is a clever, attractive clip that joins two crutches or walking sticks together in a stable X shape to rest against any convenient surface. It can also be used to hook single crutches or walking sticks over the back of a chair or handrail. Easy to use and suitable for all crutches and sticks between 18 - 25mm.

PR30155 **£5.99**

FOLDING CANE HOLDER/CLIP



This useful accessory keeps your folding stick held securely together when not in use.

PR30156 **£1.99**

FERRULES

PR30017-BK
16mm



PR30018-BK
19mm



PR30034-BK
19mm



PR30037-BK
16mm



PR30039-BK
27mm



PR30039-GR
27mm



Code Size Colour

Base diameter: 30mm

PR30017-BK	16mm	Black
PR30017-GR	16mm	Grey
PR30037-BK	16mm	Black
PR30037-GR	16mm	Grey
PR30018-BK	19mm	Black
PR30018-GR	19mm	Grey

Base diameter: 40mm

PR30034-BK	19mm	Black
PR30034-GR	19mm	Grey
PR30035-BK	21mm	Black
PR30035-GR	21mm	Grey
PR30039-BK	27mm	Black
PR30039-GR	27mm	Grey

Price 2 per pack **£2.19**

WALKING FRAME NET BAG

A knotted nylon bag, that can clip onto any walking frame for carrying shopping or personal belongings.

PR30292 (€7.49) **£8.99**

CANE/CRUTCH HOLDER



Keeps canes and crutches handy. A clip-on holder balances the cane and a rubber pad helps keep the holder from sliding off the table. The Cane/ Crutch Holder securely grips a cane or crutch with a diameter of 16-25mm.

PR30158 **£2.39**

CANE & CRUTCH HOLDER

Cane and Crutch Holder complete with fixings. Can be attached on to most rollators.



PR30283/CC (€8.33) **£9.99**

NECK-EZE PILLOW



Inflatable pillow that fits around your neck thus cradling your head. A supremely versatile product for a variety of situations. Velvet like outer surface.

PR20089

£4.99

DISABLED BADGE HOLDER



Designed to store and display your European style blue badge and time card. The wallet is made from leather and opens to fully display the badges behind clear pockets.

Size - closed: 173 x 146mm

Size - open: 348 x 146mm

Black

PR35207/B (€15.33) **£18.39**

Purple

PR35207/P (€15.33) **£18.39**

HARLEY DESIGNER CAR/ LOW BACK SUPPORT



Harley

BEST SELLER

Moulded from visco elastic memory foam this product provides lumbar support. It is ideal in the car or in an office chair and gives exceptional comfort and relief.

Designer Car/Low Back Support

SP24081 30 x 21cm **£42.99**

HARLEY SLIMLINE WEDGE/ CAR SEAT LEVELLER



Harley

Ideal in the car where headroom is at a premium. Helps to raise the back of a car seat and gives added support to ease muscle tension in the lumbar region.

Slimline Wedge

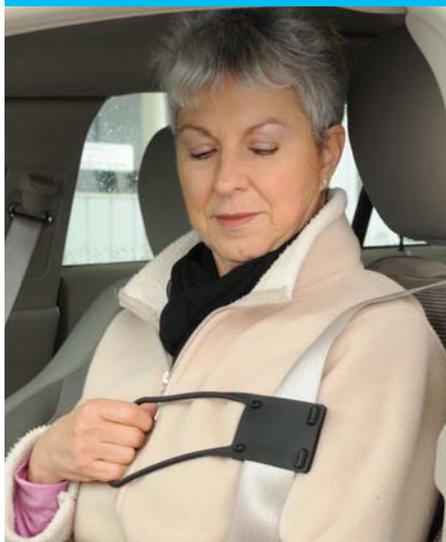
SP24010 36 x 36 x 5cm **£22.99**

Slimline Coccyx Wedge

SP24052 36 x 36 x 5cm **£22.99**

All wedges available with optional coccyx cut out and/or fixing strap
(For a fixing strap add £4.00)

SEAT BELT REACHER



A convenient handle for pulling your car seat belt. It attaches easily to your existing seat belt with no tools required.

PR40015

£14.29

CAR CADDIE



Provides assistance for seniors getting in and out of a car. Simply roll down your window and put the end of the Car Caddie strap around the top of the window frame.

PR40016

(€13.16) **£15.79**

PANORAMIC CAR MIRROR

NEW



The Panoramic Rear View Mirror improves driving safety and visibility by eliminating blind spots and giving all-lane visibility. Its non-glare convex mirror provides confidence while driving. Installs easily over existing rear view mirror. Size 17.0" x 2.0" x 3.1"

PR40017

£19.99



Get in and out of the car easily and safely

with

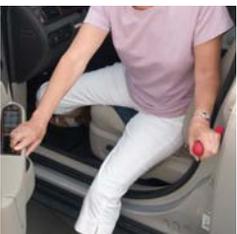


Vehicle support handle

by



HANDY BAR



Max user weight **25 st** **158 kg**

The user can get in and out of their vehicle easily and comfortably with this strong simple device. The Handybar, with its soft grip, non-slip handle for extra comfort and super strong forged steel shaft, creates a safe, solid support handle where it is needed. The Handybar fits the majority of vehicles with the 'U' shaped striker.

PR40013 (£24.99) **£29.99**

AUTO MOBILITY SOLUTION



BEST SELLER

This combination pack includes our Handybar and one Swivel Cushion. The ideal combination to help getting in to and out of a car.

PR40014 (£41.66) **£49.99**

SWIVEL CUSHION



A soft, padded, flexible turning disc ideal for use on car seats, chairs and beds. The Swivel Cushion allows a smooth swivel transfer without painful jarring or twisting.

PR41021 (£19.99) **£23.99**

BEST SELLER

See Back cover for how to order

Wheelchair Cushions

HARLEY DESIGNER SUPER 'V' CUSHION

Reduces pressure, dissipates heat and moisture away from points of interface pressure. Individually made Visco Elastic Moulded Memory Foam cushion. This unique construction means hugely improved pressure reduction. Conforms to the users shape. Increased sitting tolerance and improved posture. Supplied with Harley Premium Dartex waterproof/VP cover - welded seams and anti slip base. Other cover options available.



Risk Category: High Risk*

SP44174	40 x 40 x 6cm
SP44205	40 x 40 x 8cm
SP44173	40x40x10cm
SP44180	43 x 43 x 6cm
SP44206	43 x 43 x 8cm
SP44179	43 x 43 x 10cm
SP45927	46 x 40 x 6cm
SP44623	46 x 40 x 8cm
SP45928	46 x 40 x 10cm
SP44186	46 x 46 x 6cm
SP44207	46 x 46 x 8cm
SP44185	46 x 46 x 10cm
Price	(£99.99) £119.99

HARLEY DESIGNER ERGOFORM CUSHION

Moulded from visco elastic memory foam provides pressure relieving properties only this material can offer. Pressure relieving visco elastic foam insert protects the ischael tuberosities. Supplied with Harley Premium Dartex waterproof/VP cover - welded seams and anti slip base. Other cover options available.

Risk Category: High Risk*
 Size: 43 x 43 x 10cm
 SP44264 (£112.49) **£134.99**



*** With appropriate nursing and medical care**

HARLEY DESIGNER LUXURY 'V' CUSHION

The construction of this cushion assists in the reduction of pressure to the users vulnerable bodily points and areas, whilst providing stability and shock absorption. A three layer combination of visco elastic memory foam and high density polyurethane foam make this seating appliance extremely durable and effective. This cushion will help with the reduction and prevention of pressure sores and ulcers and the memory foam ensures muscles are relaxed and tension relieved. Supplied with Harley Premium Dartex waterproof/VP cover - welded seams and anti slip base. Other cover options available.

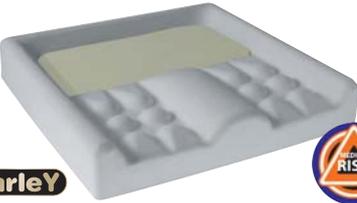


Risk Category: High Risk*

SP45907	40 x 40 x 6cm
SP45910	40 x 40 x 8cm
SP45911	40 x 40 x 10cm
SP44937	43 x 43 x 6cm
SP44938	43 x 43 x 8cm
SP44939	43 x 43 x 10cm
SP45915	46 x 40 x 6cm
SP45916	46 x 40 x 8cm
SP45917	46 x 40 x 10cm
SP45912	46 x 46 x 6cm
SP45913	46 x 46 x 8cm
SP45914	46 x 46 x 10cm
Price	(£58.33) £69.99

Wheelchair Cushions

HARLEY ERGOFORM CUSHION



Harley

Moulded from polyurethane foam for increased postural control. Pressure relieving visco elastic foam insert protects the ischael tuberosities. Supplied with Harley Dartex cover - multi stretch/ waterproof as standard. Other cover options available.

Risk Category: Medium Risk*

Size: 43 x 43 x 8cm

SP44263 (£49.99) **£59.99**



"making sleep a better experience"

See Pages
10-11

HARLEY COMFORT PLUS CUSHION

Harley



BEST SELLER

Ideal for most situations including a wheelchair or scooter. Made from high grade foam for optimum comfort. Wipe down, zipped, two-way stretch leatherette cover as standard. Other cover options available.

Risk Category: Low Risk*

SP44504	40 x 40 x 5cm	(£17.49) £20.99
SP44971	40 x 40 x 8cm	(£19.16) £22.99
SP44669	40 x 40 x 10cm	(£20.83) £24.99
SP44152	43 x 43 x 5cm	(£17.49) £20.99
SP44750	43 x 43 x 8cm	(£19.16) £22.99
SP44597	43 x 43 x 10cm	(£20.83) £24.99
SP44644	46 x 40 x 5cm	(£17.49) £20.99
SP44296	46 x 40 x 8cm	(£19.16) £22.99
SP45929	46 x 40 x 10cm	(£20.83) £24.99
SP44672	46 x 46 x 5cm	(£17.49) £20.99
SP44393	46 x 46 x 8cm	(£19.16) £22.99
SP45834	46 x 46 x 10cm	(£20.83) £24.99

HARLEY COMFORT EASE CUSHION



Harley

This attractive cushion is lightweight, comfortable and easily transportable. Discreet tail bone cut out for optimum comfort. Carry handle and comfy cover with water repellent base makes this ideal for outings. Tartan cover as standard - other options available.

Size: 43 x 43 x 5cm

SP44346 (£18.33) **£21.99**

HARLEY 2-WAY SCULPTURED SUPPORT CUSHION

Harley



BEST SELLER

Two different user ways to give maximum choice. Nodular foam on one side or if you prefer a flat cushion just flip it over for the 2-way option. Designed to give cushioned comfort to the whole seating area. Special cut out allows the tail bone to virtually 'float in mid air' ensuring ultimate comfort and relief. Tartan cover as standard - other options available.

Seat: 40 x 36 x 5cm Back: 40 x 36 x 5cm

SP44175 (£29.16) **£34.99**

See Back cover for how to order

Wheelchair Cushions

HARLEY VISCO-TEX CUSHION

A dual layered cushion that combines a base of high density polyurethane foam with temperature sensitive, profiled memory foam. The cushion provides stability, exceptional comfort, pressure relief and support. The independent modules of memory foam operate independently, distributing the load and keeping the skin cool, reducing the risk of pressure issues developing. Supplied with Harley Dartex waterproof/VP cover. Other cover options available



Risk Category: High Risk*

SP46337	40 x 40 x 6cm
SP46338	40 x 40 x 8cm
SP46339	40 x 40 x 10cm
SP46340	43 x 43 x 6cm
SP46341	43 x 43 x 8cm
SP46342	43 x 43 x 10cm
SP46346	46 x 40 x 6cm
SP46347	46 x 40 x 8cm
SP46348	46 x 40 x 10cm
SP46343	46 x 46 x 6cm
SP46344	46 x 46 x 8cm
SP46345	46 x 46 x 10cm
Price	(£49.99) £59.99

HARLEY DESIGNER ECONOMY 'V' CUSHION

This memory foam cushion provides exceptional value for money. The base is made from high resilient polyurethane foam that provides stability and support, whilst a bonded upper layer of visco elastic memory foam provides the comfort and pressure relief required. The memory foam conforms to the users body, providing continuous and even pressure distribution. Supplied with Harley Dartex waterproof/VP cover. Other cover options available



Risk Category: Medium Risk*

SP45918	40 x 40 x 6cm	(£24.99) £29.99
SP45919	40 x 40 x 8cm	(£26.66) £31.99
SP45920	40 x 40 x 10cm	(£28.33) £33.99
SP44934	43 x 43 x 6cm	(£24.99) £29.99
SP44935	43 x 43 x 8cm	(£26.66) £31.99
SP44936	43 x 43 x 10cm	(£28.33) £33.99
SP45924	46 x 40 x 6cm	(£24.99) £29.99
SP45925	46 x 40 x 8cm	(£26.66) £31.99
SP45926	46 x 40 x 10cm	(£28.33) £33.99
SP45921	46 x 46 x 6cm	(£24.99) £29.99
SP45922	46 x 46 x 8cm	(£26.66) £31.99
SP45923	46 x 46 x 10cm	(£28.33) £33.99

HARLEY PRESSURE-TEX CUSHION

The proven design of the Pressure-Tex Cushion makes this a firm favourite. Geometrically contoured into sections which operate independently allowing maximum weight distribution. Superbly comfortable and helps keep skin cool and free from pressure areas. Supplied with Harley Dartex waterproof/VP cover. Other cover options available



Risk Category: Medium Risk*

SP44234	40x40x6cm
SP44235	40x40x8cm
SP44236	40x40x10cm
SP44069	43x43x6cm
SP44237	43x43x8cm
SP44068	43x43x10cm
SP44615	46x40x6cm
SP44539	46x40x8cm
SP44635	46x40x10cm
SP44238	46x46x6cm
SP44239	46x46x8cm
SP44240	46x46x10cm
Price	(£44.16) £52.99

Wheelchair Cushions

PROFORM 'ULTRA' CUSHION



Harley



BEST SELLER



Deeper providing added comfort and pressure relief. Available with coccyx, combi or ringo cut out.

Size: 43 x 43 x 10cm

SP44368 Standard (£26.24) **£31.49**

SP44369 Coccyx (£27.08) **£32.49**

SP44370 Combi (£27.08) **£32.49**

SP44332 Ringo (£27.08) **£32.49**

HARLEY PROFORM CUSHION RANGE: A great little range - maximum comfort at a minimum outlay. Manufactured from high grade nodular foam allowing air to circulate freely. Ideal in a variety of situations, whether to elevate an easy chair or in a wheelchair. Luxury faux suede cover fitted as standard other options available.

* With appropriate nursing and medical care

PROFORM CUSHION - STANDARD

Harley



BEST SELLER



Size: 43 x 43 x 8cm

SP44365 (£23.74) **£28.49**

PROFORM CUSHION - COCCYX

Harley



BEST SELLER



Size: 43 x 43 x 8cm

SP44366 (£24.58) **£29.49**

PROFORM CUSHION - RINGO

Harley



BEST SELLER



Size: 43 x 43 x 8cm

SP44331 (£24.58) **£29.49**

PROFORM CUSHION - COMBI

Harley



BEST SELLER



Size: 43 x 43 x 8cm

SP44367 (£24.58) **£29.49**

PROFORM 'ULTRA SEAT RAISER' CUSHION



Harley

Super size - ideal in an armchair. Available with coccyx, combi or ringo cut out.

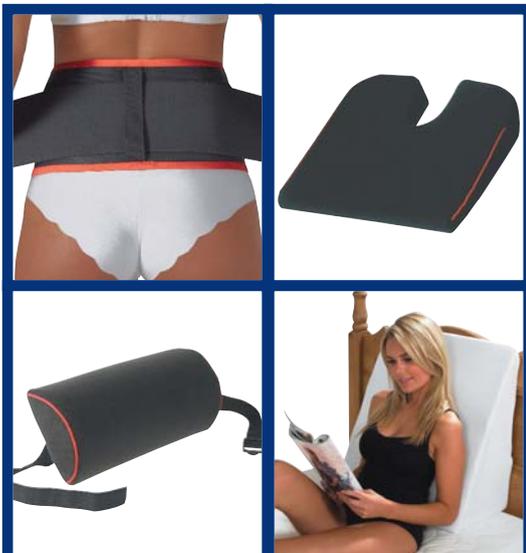
Size: 50 x 48 x 10cm

SP44371 Standard (£30.83) **£36.99**

SP44372 Coccyx (£32.49) **£38.99**

SP44373 Combi (£32.49) **£38.99**

SP44325 Ringo (£32.49) **£38.99**



Harley

For All Your Back Care Needs

Manufactured in the UK by **Able2**

See Pages 68 - 71

See Back cover for how to order

Wheelchair/Scooter Accessories

REVARA SPORTS GLOVES



Glove with semi-covered fingers and semi-covered thumb. Additionally strengthened at different strategic places, especially designed for wheelchair users who prefer to have their fingers free. These real sport gloves are equipped with an additional non-skid inside for a maximum grip.

Available in four colours – red, blue, black and grey.

	Size Hand (W)	
Red		
PR35183/R/XS	XS	Upto 7cm
PR35183/R/S	S	Upto 8cm
PR35183/R/M	M	Upto 9cm
PR35183/R/L	L	Upto 10cm
PR35183/R/XL	XL	Upto 11cm
PR35183/R/XXL	XXL	Upto 12cm
Blue		
PR35183/BL/XS	XS	Upto 7cm
PR35183/BL/S	S	Upto 8cm
PR35183/BL/M	M	Upto 9cm
PR35183/BL/L	L	Upto 10cm
PR35183/BL/XL	XL	Upto 11cm
PR35183/BL/XXL	XXL	Upto 12cm
Price	(£21.91)	£26.29

	Size Hand (W)	
Black		
PR35183/BK/XS	XS	Upto 7cm
PR35183/BK/S	S	Upto 8cm
PR35183/BK/M	M	Upto 9cm
PR35183/BK/L	L	Upto 10cm
PR35183/BK/XL	XL	Upto 11cm
PR35183/BK/XXL	XXL	Upto 12cm
Grey		
PR35183/GR/XS	XS	Upto 7cm
PR35183/GR/S	S	Upto 8cm
PR35183/GR/M	M	Upto 9cm
PR35183/GR/L	L	Upto 10cm
PR35183/GR/XL	XL	Upto 11cm
PR35183/GR/XXL	XXL	Upto 12cm
Price	(£21.91)	£26.29

PORTABLE RAMPS



These wheelchair ramps are designed to be portable, made from anodized aluminium so they are light weight, complete with a carry bag ideal for transporting.

Suitable for Wheelchairs and Mini Scooters

Length:	150cm (5ft)
Width (External):	16.5cm
Width (Internal):	11.4cm
Depth:	8cm
Carrying weight:	6.5kg (14lbs)
Max load:	200kg (29 stone)
PR30298/B	(£115.83) £138.99

ROLL UP WHEELCHAIR RAMP



Aluminium in construction, portable and simple to use quickly makes stairs accessible.

Size: 91cm (L) x 75cm (W)
PR30297 (£115.83) £138.99

DERBY HALF STEP



The Derby Half Step is designed for outdoor use and halves the door step rise for those with limited mobility. The large platform allows you to be steady before attempting the next step. The four feet are fully adjustable to ensure level use.

Size: 700 x 400 x 110mm
PR30295 £113.99

Wheelchair/Scooter Accessories

Splash

Wheelchair/Scooter Accessories By

Able2

SPLASH WHEELCHAIR APRON



This Wheelchair Apron fits snugly over the lower half of your body keeping you dry and comfortable in your chair. Elasticated bottom fits around the footplates whilst the waist is held in place with straps. The material is waterproof and the **Deluxe** Apron has an inner lining of navy fur for extra warmth and comfort.

Universal size

PR34020 (£18.33) **£21.99**

PR34020/D Deluxe (£26.66) **£31.99**

SPLASH WHEELCHAIR BAG



This strong durable bag is ideal for most wheelchairs. It has one main compartment, a small zipped front pocket and two side net pockets ideal for a drinks bottle and a reflective strip for safety.

Size: 40 x 45cm

PR34053 (£13.74) **£16.49**

SPLASH WHEELCHAIR MAC UNSLEEVED

This Mac provides head to toe cover for you and your wheelchair. The elasticated hem fits over the footplates and slots at the rear allow the pushing handles to remain in use if required. It is fully waterproof and windproof. Available in two sizes. A **Deluxe** version with a brushed cotton lining for additional warmth is available.

PR34022/M (£24.99) **£29.99**

PR34022/L (£24.99) **£29.99**

PR34024/M Deluxe (£38.33) **£45.99**

PR34024/L Deluxe (£38.33) **£45.99**



WHEELCHAIR MAC SLEEVED



As the Wheelchair Mac unsleeved but with sleeves. Available in two sizes. A **Deluxe** version complete with a cotton lining is available.

PR34023/M (£28.33) **£33.99**

PR34023/L (£28.33) **£33.99**

PR34025/M Deluxe (£44.16) **£52.99**

PR34026/L Deluxe (£44.16) **£52.99**

SPLASH WHEELCHAIR COSY



The Wheelchair Cosy provides warmth and protection. It is waterproof and the fur lining retains heat, keeping you warm whatever the weather. A full length heavy duty zip and cord pull allows easy access.

Available in two sizes: medium and large

PR34021/M (£35.83) **£42.99**

PR34021/L (£35.83) **£42.99**

Splash

See Back cover for how to order

Wheelchair/Scooter Accessories

SPLASH POWERCHAIR CAPE

The Powerchair cape is designed for chairs with electronic joystick controls on the left or right side. The cape covers you and your chair. A clear panel ensures that you can see the chair controls. A brushed cotton lining provides additional warmth. The elasticated hem ensures a snug fit around the base of your chair.

Universal size

PR34029 (£43.33) **£51.99**



MOBILITY BAG



A strong, stylish and multipurpose bag, which secures around the seat of the scooter or powerchair using long, wide detachable braided straps. Navy Blue in colour with a reflector strip.

Height: 36cm

Weight: 34cm

Depth: 15cm

PR35175 (£22.99) **£27.59**

SPLASH CRUTCH/WALKING STICK BAG



This strong durable bag is ideal for any wheelchair and most scooters with or without a headrest. Two side sleeves allow for crutches or walking sticks. One main compartment, a small zipped front pocket, a front net pocket and a reflective strip for safety. **Size: 40 x 45cm**

PR34051 (£24.99) **£29.99**

SPLASH WHEELCHAIR PONCHO

This protective Poncho slips over your head and provides practical shelter from the elements. Waterproof and allows for pushing handles. Fasteners to the bottom prevent the poncho from billowing out. The **Deluxe** version is lined with a soft brushed cotton inner for additional warmth and comfort.

Universal size

PR34027 (£23.33) **£27.99**

PR34027/D Deluxe (£38.33) **£45.99**



SPLASH WHEELCHAIR/SCOOTER PONCHO SLEEVED



This mobility poncho is designed to give warmth and protection to wheelchair and scooter users. Generously cut sleeves allow maximum movement, with soft ribbed cuffs and a full length heavy duty zip for ease of removal. Hi-vis reflective tape to the sleeves and rear for safety. A **Deluxe** lined poncho provides additional warmth with a brushed cotton inner.

Universal size

PR34028 (£29.99) **£35.99**

PR34028/D Deluxe (£38.33) **£45.99**

Wheelchair/Scooter Accessories

SPLASH SCOOTER LEG CAPE



Splash

The scooter leg cape is a practical cover that drapes over your lap and legs to keep you warm and comfortable. It is waterproof and windproof. An inner navy fur lining cuts out drafts. Quick and easy to put on.

Universal size

PR34001 (£29.99) **£35.99**

SPLASH SCOOTER COSY



Splash

The scooter cosy provides full lower body protection from the elements. Full length heavy duty zip for ease of access, navy fur inner keeps you warm. Ideal for use with the mobility poncho for total weather protection.

Universal size

PR34002 (£39.99) **£47.99**

SPLASH SCOOTER BAG



Splash

This durable bag is ideal for most scooters with or without a headrest. It has one main compartment, a small zipped front pocket, two side net pockets and a reflective strip for safety.

Size: 40 x 45cm

PR34052 (£18.33) **£21.99**

SPLASH SCOOTER CAPE

This practical cape will cover the user and the scooter. A clear panel at the front allows the lights to be visible, plus you can see your control panel instruments. Slots at the side allow wing mirrors to sit outside the garment, Full length heavy duty side zip opens right to the bottom of the cape. Reflective strips to the side and rear. **Available in two sizes:**

Medium and Large

PR34003/M (£39.99) **£47.99**

PR34003/L (£39.99) **£47.99**



Splash

Splash

SPLASH SCOOTER CONTROL PANEL COVER



Splash

This effective wrap around control panel cover prevents rain from getting into the scooter controls. Fits most styles of scooters and elasticated edges provide a snug fit.

Universal size

PR34006 (£9.99) **£11.99**

SPLASH DELUXE SCOOTER STORAGE COVER



Splash

This storage cover is made from a heavy duty, durable outdoor, navy fabric that sits firmly over your scooter in all weathers and keeps the scooter free of rain or dirt.

Simply slip the cover on and pull the adjusting strap tight so that the cover is firmly fitted. **Available in two sizes: Large and Extra Large**

PR34005/L (£39.16) **£46.99**

PR34005/XL (£39.16) **£46.99**

SPLASH SCOOTER SEAT COVER



Splash

This fully waterproof scooter seat cover is elasticated and fits over the seat and backrest of a scooter seat. A hook and loop strap secures it around the base of the seat.

Universal size

PR34007 (£11.66) **£13.99**

SPLASH SCOOTER STORAGE COVER



Splash

This lightweight cover slips over your scooter when protection is needed. The waterproof, navy fabric has sealed seams to eliminate water penetration. Fits most three and four wheeled scooters. The cover folds up after use to fit a storage bag or pouch.

Universal size

PR34004 (£29.16) **£34.99**

See Back cover for how to order

Bathing and Showering

CONTOUR SHOWER STOOL



Max user weight **18 st** **114 kg**

This contoured shower stool is robust and lightweight. The comfortable seat is perforated for easy drainage and has handles on either side to aid stability when sitting or standing. There are two versions available, one with a back rest and one without.

Seat size: 490 x 280mm
Seat height adjust: 385-535mm

With back rest

PR46043/B (£44.99) **£53.99**

Without back rest

PR46043 (£33.33) **£39.99**

PRIMA PERCHING STOOL



Max user weight **20 st** **127 kg**

BEST SELLER

The Prima Perching Stool has been designed to be attractive and practical, and is ideal for use in the bathroom.

Overall width with arms: 540mm
Adjust seat height: 510-640mm

PR60263 (£65.83) **£78.99**

SMALL FOLD DOWN SHOWER SEAT

This comfortable shower seat is fitted to the wall and can be folded up when not in use. It has two height adjustable legs at the front to provide extra support and stability. These legs are fitted with non slip feet and are adjusted with pin clips. The seat is padded and is mounted on to a plastic coated steel frame.

Height: 465-565mm
Width: 280mm
Depth: 350mm

Padded Seat

PR45600 (£99.99) **£119.99**



Max user weight **16 st** **102 kg**

SHOWER STOOL - DINO TYPE



Max user weight **25 st** **160 kg**

A robust shower stool manufactured from plastic coated steel tubing and fitted with a plastic clip on seat. The plastic seat is perforated for drainage and is easily removable for cleaning.

Height: 457-610mm
Width: 380mm
Depth: 330mm
Footprint size: 430 x 460mm

PR46010 (£39.16) **£46.99**

CORNER SHOWER STOOL



Max user weight **18 st** **114 kg**

Our corner shower stool fits nearly into the corner of a shower cubicle. Made from steel the stool is robust, sturdy and comes complete with non slip feet. The seat is padded for comfort.

Seat height adjust: 500-650mm
Footprint size: 450 x 450 x 450mm

PR46044 (£41.66) **£49.99**

SHOWER STOOL



Max user weight **18 st** **114 kg**

This Shower Stool has a moulded plastic seat with a sturdy but lightweight frame. The adjustable aluminium legs are finished with rubber ferrules to prevent movement of the stool.

Tall version also available.

BEST SELLER

Seat diameter: 330mm
Footprint size: 330 x 330mm

PR46032 406-508mm (H) (£33.33) **£39.99**

PR46032/TALL 508-610mm (H) (£33.33) **£39.99**



Bathing and Showering

PRIMA GRAB BARS



The Prima Grab Bar is one of the strongest and most attractive grab bars on the market. The bars feature special soft grip mouldings around the bar to reduce the risk of slipping, even with wet soapy hands. Reinforced screw mounting points are concealed by colour co-ordinated plastic covers.

Available in white/mint and all white

Code	Size	Colour	Price
PR60288 Straight	300mm	White	(£9.74) £11.69
PR60280 Straight	300mm	White/Mint	(£9.74) £11.69
PR60289 Straight	400mm	White	(£10.99) £13.19
PR60281 Straight	400mm	White/Mint	(£10.99) £13.19
PR60290 Straight	450mm	White	(£11.49) £13.79
PR60282 Straight	450mm	White/Mint	(£11.49) £13.79
PR60291 Straight	600mm	White	(£14.99) £17.99
PR60283 Straight	600mm	White/Mint	(£14.99) £17.99
PR60292 Angled	330mm	White	(£12.41) £14.89
PR60284 Angled	330mm	White/Mint	(£12.41) £14.89
PR60293 Angled	400mm	White	(£14.99) £17.99
PR60285 Angled	400mm	White/Mint	(£14.99) £17.99

BATH TUB GRAB BAR



Bath Tub Grab Bar with handholds for added security. Clamp can be adjusted from 76-177mm, overall height 495mm, height above the tub 374mm.

PR45422 (£32.49) **£38.99**

STEEL GRAB RAILS



Plastic coated grab rails available in three lengths. Manufactured from 25mm tube. Two fixing holes with flat fixing plates.

PR45560 457mm (£5.99) **£7.19**

PR45561 609mm (£7.33) **£8.79**

PR45562 685mm (£7.74) **£9.29**

MOULDED FLUTED GRAB RAILS



This cost effective range of plastic grab rails have circular fixing plates supplied with a covering disc. The rails are fluted to provide better grip for wet hands.



Diameter of tubes 38mm.
Distance from wall 59mm.
Disc diameter 90mm.

Length: 304mm
Weight: 295g
PR45712W (£9.99) **£11.99**

Length: 406mm
Weight: 395g
PR45716W (£10.83) **£12.99**

Length: 457mm
Weight: 440g
PR45718W (£12.49) **£14.99**

Length: 609mm
Weight: 595g
PR45724W (£13.33) **£15.99**

SUCTION GRAB HANDLE



IMPROVED

The Suction Grab Handle provides additional security for the user and is easily fixed to any smooth surface. Portable and light. Fixes to glass, baths and tiles over 115mm square.

Size: 114mm (D)
PR45752 (£15.83) **£18.99**

See Back cover for how to order

Bathing and Showering

SLATTED BATH BOARD



This high quality Slatted Bath Board is strong, comfortable and provides easy drainage. Constructed from plastic it is light weight and easy to assemble and fit. Rubber pads are under the bath board to help prevent slipping on the edge of the bath.

Seat: 230mm (W)

PR46041/26 660mm (26") (L) (£26.24) **£31.49**

PR46041/27 685mm (27") (L) (£26.24) **£31.49**

PR46041/28 710mm (28") (L) (£26.24) **£31.49**

BEST SELLER

SLATTED BATH SEAT

This high quality Slatted Bath Seat is strong, comfortable and provides easy drainage. There are four suckers on each leg which securely holds the bath seat in place.

Seat: 460 (L) x 280mm (W)

PR46040/6 152mm (6") (H) (£31.49) **£37.79**

PR46040 203mm (8") (H) (£31.49) **£37.79**

PR46040/12 305mm (12") (H) (£35.63) **£42.99**



BEST SELLER

Max user weight **30 st** **190 kg**

BATH STEP



Max user weight **19 st** **120 kg**

Our aluminium bath step is ideal to assist getting in and out of the bath. It is height adjustable and comes complete with non slip feet.

Footprint size: 410 x 230mm

Height adjustable: 205 - 260mm Weight: 1.3kg

PR46293 **£30.99**

BATH BOARD WITH HANDLE



Max user weight **16 st** **100 kg**

This luxury bath board is comfortable for sitting whilst bathing. The width adjustable brackets have anti slip rubber pads to give a stable platform and protect the baths surface. It is supplied with a useful handle to give extra stability.

PR46409 675mm (L) x 275mm (W) (£37.49) **£44.99**

PRIMA BATH STEP



Max user weight **30 st** **190 kg**

This attractive bath step has been designed to make getting in and out of the bath easier. The Prima Bath Step has a unique modular system which can be used as an individual step or it can be linked together to create multiple steps. Additional packs of raisers can be purchased separately, helping to adapt the step to the individuals needs.

Step size: 445mm (L) x 350mm (W)

Step top height: 50mm

Raiser height: 2 x 25mm

Maximum recommended height: 300mm (Variable Height)

PR46292 Step (will give a maximum step height of 100mm) **£65.29**

PR46292/R Additional 1" (25mm) Riser **£15.19**

Bathing and Showering

SAFETY STRIPS



Our Safety Strips help to prevent slipping in a shower, bath or tray. They are easy to apply.

30 strips per pack

NEW

PR61668/S 20 x 200mm **£9.99**

FOOT CLEANER WITH PUMICE



NEW

Ideal for washing your feet without the need to bend forward. Can be used in a bath or shower by attaching the suction cups. Use the pumice to gently exfoliate and smooth your feet.

PR45061 (£6.99) **£8.39**

LONG HANDLED TOE WASHER



NEW

This long handled toe washer has an extra long bendable stem with an easy grip built up plastic handle. Ideal for those who struggle to bend down. A flat wire frame covered in a white towelling pad makes washing between the toes easy. Length 710mm

Two pads are included

PR46049 (£9.99) **£11.99**

RUBBERGRIP BATH AND SHOWER MATS

These Rubbergrip Bath Mats are made from rubber and have a ribbed surface and suction cups for added slip resistance. The mats are self draining and fully machine washable. The mats are available in white only and in three sizes.

BEST SELLER



Code	Description	Size	Price
PR45047	Long	340 x 740mm	£10.19
PR45051	Square	530 x 530mm	£11.39
PR45057	Extra Long	370 x 900mm	£12.19

LONG HANDLED SHEEPSKIN PAD



NEW

Double thickness sheepskin pad makes this ideal for washing, powdering or pampering. A plastic built up handle for a secure grip. Plastic wire can be bent to any angle. Pad size: 95mm x 125mm Length: 610mm

PR46050 (£14.16) **£16.99**

FLANNEL STRAP



NEW

This Flannel Strap is ideal for someone with limited flexibility to wash their back or those other difficult to reach areas. One side is soft terry cotton and provides a comfortable way to wash. The reverse side is a coarser foam material, which can be used to tone and exfoliate. Clear plastic handles are easy to grip. The matching hand mitt is also double sided. Strap length: 80cm Length including handles: 94cm Width: 10cm

PR46051 **£12.99**

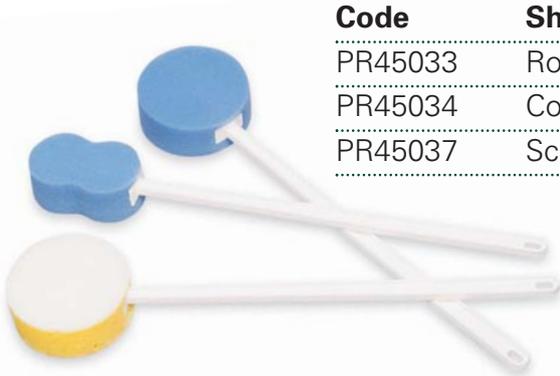
See Back cover for how to order

Bathing and Showering

BATH AND SCRUB SPONGES

Our most popular sponge is available in three styles. All three sponges measure 130mm in diameter. Scrub sponge is for cleaning.

Size: 560mm



Code	Shape	Price
PR45033	Round	(£6.24) £7.49
PR45034	Contoured	(£6.24) £7.49
PR45037	Scrub	(£8.33) £9.99

BATH KIT



Ideal for washing hard-to-reach areas. Choose from the attached scrub brush or four additional attachments to wash the body easily, without bending or reaching.

Size: 558mm handle

PR45038 (£16.66) **£19.99**

LOTION APPLICATOR

This Lotion Applicator is ideal for applying lotions, creams, oils or skin medications to your full body. Removes necessity for bending when applying to legs or feet.

Replacement pads are available in packs of 2



Lotion Applicator

PR45017 (£14.99) **£17.99**

Replacement Pad

PR45018 (£7.24) **£8.69**

DELUXE SHAMPOO BASIN

BEST SELLER



A no-splash solution for washing hair in bed. The Deluxe Basin has a double-tube design that prevents water from splashing. Includes a 1190mm drain hose. Made of durable vinyl for years of use.

Size: 710 x 610 x 150mm

PR45016 **£18.99**

DELUXE LOTION APPLICATOR



Apply cream and massage your skin at the same time with this long handled applicator. Simply remove the top of the applicator and fill with your cream or lotion. The rotating balls ensure even distribution and a pleasant massage.

PR45072

45cm (L)

£15.19

SHAMPOO CAP



Our shampoo caps wash, condition and rinse hair in one simple step, leaving the hair smelling fresh, towel dry and ready for styling. Can be warmed in the microwave or used cool. **One cap per pack**

PR45110

£3.49

Able2

PRO SEAL CAST AND BANDAGE PROTECTORS

- Will protect whilst bathing or showering
- For use over casts, dressings or bandages
- Adult and children's sizes
- Reusable and intended for single patient use
- Guaranteed for 3 months use
- Available from your local pharmacy

Code	Size	Length
PR45080	Adult Long Leg	1016mm
PR45081	Adult Short Leg	590mm
PR45083	Adult Long Arm	990mm
PR45084	Adult Short Arm	560mm
PR45086	Adult/Child Foot/Ankle	254mm
PR45087	Adult/Child Hand	305mm
PR45088	Child Long Arm	560mm
PR45089	Child Short Arm	460mm
PR45090	Child Short Leg	460mm
PR45091	Child Long Leg	790mm

£14.99

ADULT SHORT ARM

ADULT LONG ARM



ADULT HAND



ADULT LONG LEG



ADULT FOOT / ANKLE



ADULT SHORT LEG



Innovative products for **easier living...**

See Back cover for how to order

Bathing and Showering

AQUA GLOVE

BEST SELLER



Waterless bathing without soap, rinsing and drying! The aqua® wash glove is made of a very resistant non-woven embossed material, is very smooth and is pre-moistened with no-rinse and protective washing lotions. The aqua® glove gives easy to use rinse-free bathing for bedridden or dependent people. It can be used in hospitals, care homes, at home or whilst travelling.

12 gloves per pack

PR52207

£6.69

BATH PILLOW



This inflatable cushion covered in terry cloth, provides cushioning between the bath and skin. Four suction cups enables the cushion to be used in the bath without fear of slipping.

PR45982

£7.19

OASIS® BED BATH WASHMITTS

These washmitts provide an alternative to a soap and water bed bath.

NEW

The moist cleansing washmitts are pre-impregnated with a combination of skin cleansers, designed to gently clean the body.

Quick and easy to use. Saving 15 minutes per bed bath. Easy to heat up in a microwave

8 mitts per pack



PR45111

£1.79

INFLATABLE BATH CUSHION



NEW

This inflatable bath cushion provides more comfort whilst bathing. It has suckers to prevent movement when in place. Size when inflated is approximately 48 x 48cm

PR46053

£6.99

BATHING CUSHION

The Bathing Cushion is simple to use lowering you gently to the bottom of the bath. Once there you can choose whether to leave a small amount of air in the cushion to act as a back support, or release all the air to lie right back and bathe as normal. When you have finished your bath, the Bathing Cushion can be re-inflated to lift you steadily back up level with the top of the bath. This Bathing Cushion is battery powered with no need to have trailing power leads running out of the bathroom.

Seat height (min/max): 2cm/40cm

Seat depth: 44cm

Seat width: 58cm

Airhose length: 1.8m

PR46080 (£494.99) **£593.99**



Max user weight

23 st

150 kg



Incontinence Range From



VIDA WASHABLE CHAIR PADS

NEW



This lightweight machine washable and reusable chair pad contains five layers of material that quickly absorbs and locks liquid inside. The top layer keeps the user dry and the lower layer is waterproof to protect the furniture.

Measures 50 x 60cm and absorbs 1 litre
Four colours available

PR52250/PK	Pink	(£7.49) £8.99
PR52250/WN	Wine	(£7.49) £8.99
PR52250/BL	Blue	(£7.49) £8.99
PR52250/BR	Brown	(£7.49) £8.99

VIDA PVC WATERPROOF PROTECTIVE PANTS

NEW

Vida is the Able2 brand for incontinence products. Our plastic waterproof pull on pants are soft and comfortable. They include a pouch pocket to insert a disposable or washable pad if required. They are machine washable. **Sold individually**



PR52179/S	Small	81-91cm	(£12.08) £14.49
PR52179/M	Medium	96-107cm	(£12.08) £14.49
PR52179/L	Large	112-122cm	(£12.08) £14.49
PR52179/XL	XLarge	127-137cm	(£12.08) £14.49
PR52179/XXL	XXLarge	141-148cm	(£12.08) £14.49

VIDA WASHABLE UNDERWEAR

NEW

These Washable Pants are ideal for light urinary incontinence as they provide comfort and protection. The stay dry lining next to the skin keeps the user dry.



Mens and ladies styles are available and absorb approximately 300ml. **Sold individually**

Male Pants	Lady Pants	CM	Price
PR52229/S	PR52230/S	75-90	(£13.99) £16.79
PR52229/M	PR52230/M	91-105	(£13.99) £16.79
PR52229/L	PR52230/L	106-121	(£13.99) £16.79
PR52229/XL	PR52230/XL	122-137	(£13.99) £16.79
PR52229/XXL	PR52230/XXL	138-150	(£13.99) £16.79

VIDA WASHABLE INSERT PADS

NEW

These pads are especially designed to fit the male or female washable pouch pants (Vida or Kanga). They will absorb up to 300ml. **3 per pack**

PR52231	(£13.16) £15.79
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VIDA WASHABLE BED PADS

NEW

This lightweight machine washable and reusable bed pad contains five layers of material that quickly absorb and lock liquid inside. The top layer keeps the user dry and the lower layer is waterproof to protect the furniture. Machine washable. Available with or without tucks, in two different sizes and with two absorbency levels.



Midi – 2 litre absorbency
Maxi – 3 litre absorbency

PR52251	70 x 90cm	Midi	(£14.58) £17.49
PR52251/T	70 x 90cm with tucks	Midi	(£16.66) £19.99
PR52252	70 x 90cm	Maxi	(£16.66) £19.99
PR52252/T	70 x 90cm with tucks	Maxi	(£19.16) £22.99
PR52253/T	90 x 90cm with tucks	Midi	(£19.99) £23.99
R52254/T	90 x 90cm with tucks	Maxi	(£21.49) £25.79

VIDA WASHABLE POUCH PANTS

NEW

These Pouch Pants are comfortable, durable and allow the use of either a disposable or washable pad. The stay dry lining next to the skin keeps the user dry. Mens and ladies styles are available.



Sold individually

Disposable and washable insert pads are available separately

Male Pants	Lady Pants	CM	Price
PR52227/S	PR52228/S	75-90	(£13.16) £15.79
PR52227/M	PR52228/M	91-105	(£13.16) £15.79
PR52227/L	PR52228/L	106-121	(£13.16) £15.79
PR52227/XL	PR52228/XL	122-137	(£13.16) £15.79
PR52227/XXL	PR52228/XXL	38-150	(£13.16) £15.79

See Back cover for how to order

Toileting

KYLIE™ CHAIR PADS

Designed to offer protection against incontinence for use on household chairs and wheelchairs whilst keeping the user dry and comfortable.

Salmon Pink in colour

Size: 50 x 50cm

Absorbency: 750ml

NEW



Kylie™

PR52220

(£17.49) **£20.99**

KYLIE™ BED PADS



Kylie™
Washable Absorbent
Bed Pads

Designed to provide protection against incontinence for mattresses or other furniture whilst keeping the user dry and comfortable. Fabric wings tuck underneath the

mattress to secure the pad in place.

Salmon Pink in colour

Available in three sizes

	Size	Absorbency		
PR52221/2	91 x 70cm	2 litres	(£22.99)	£27.59
PR52221/3	91 x 91cm	3 litres	(£30.49)	£36.59
PR52221/4	127 x 70 cm	4 litres	(£47.99)	£57.59

NEW

KYLIE™ WASHABLE UNDERWEAR

Kylie™
Lady



Kylie™
Male



NEW

Kylie™ washable underwear looks and feels like normal underwear, offering maximum protection, absorbency and reliability in the most discreet way. The Male briefs are a classic Y-front style and the Lady has been styled as normal underwear. All briefs are reusable, washable and highly absorbent, 350ml (approx) capacity and supplied in white. Made from 100% cotton.

Sold individually

Kylie™ Male	Kylie™ Lady	Size	Inches	CM	Price
PR52224/S	PR52225/S	Small	30-35"	75-90cm	(£16.66) £19.99
PR52224/M	PR52225/M	Medium	36-41"	91-105cm	(£16.66) £19.99
PR52224/L	PR52225/L	Large	42-47"	106-121cm	(£16.66) £19.99
PR52224/XL	PR52225/XL	X Large	48-53"	122-137cm	(£16.66) £19.99
PR52224/XXL	PR52225/XXL	XX Large	54-60"	138-152cm	(£16.66) £19.99

KANGA™ POUCH PANTS

A range of underwear that accommodates removable (washable or disposable) pads. They provide a fuller fit for additional comfort and user confidence.

Made from 100% cotton. Both Male and Lady styles available in white.

Sold individually



Kylie™
Kanga
Lady Pouch
Pants

NEW

Male Pants	Lady Pants	Size	CM
PR52222/S	PR52223/S	Small	75-90cm
PR52222/M	PR52223/M	Medium	91-105cm
PR52222/L	PR52223/L	Large	106-121cm
PR52222/XL	PR52223/XL	X Large	122-137cm
PR52222/XXL	PR52223/XXL	XX Large	138-152cm
Price		(£13.74)	£16.49

KANGA™ INSERT PADS

Kylie™
Kanga
Insert Pads



NEW

This disposable incontinence pad is designed to be used with the Kanga™ Pouch pants. It is inserted into the pouch inside the pants and held firmly in place. The pads can be used two at a time to provide double absorbency. Highly absorbent and biodegradable. Two pack sizes available:

Midi (490ml absorbency) 28 pads per pack
Maxi (600ml absorbency) 30 pads per pack

PR52226/MIDI	(£7.66) £9.19
PR52226/MAXI	(£10.33) £12.39

Kylie® Kanga®

The UK's leading brand of washable continence care underwear and bed protection



Continence Protection Assured

The Kylie® range of washable underwear is recommended by continence care advisers and is the only washable continence range that has our unique *leakguard* feature.

The *leakguard* feature promotes wearer confidence and has enabled the Kylie® range to be the leading brand in its field for over 25 years, these time tested features are incorporated in all our hand finished underwear and bed protection products.

Kylie®
Kanga®

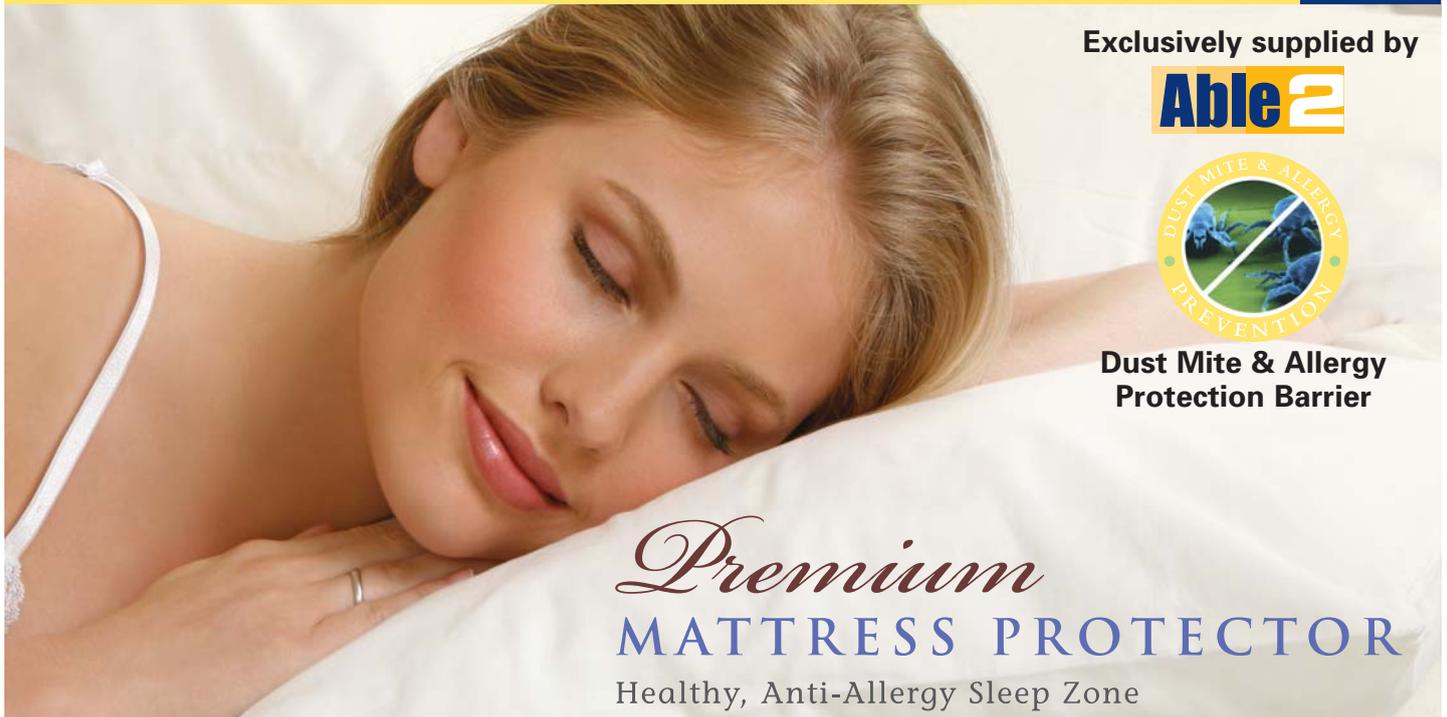
CONTINENCE CARE



See Back cover for how to order

PROTECT-A-BED® MATTRESS PROTECTOR

BEST SELLER



Exclusively supplied by

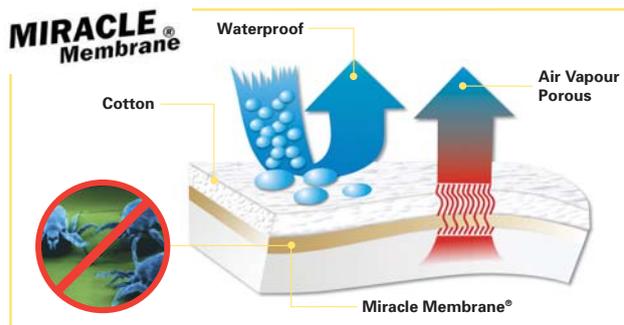
Able2



Dust Mite & Allergy Protection Barrier

Premium MATTRESS PROTECTOR

Healthy, Anti-Allergy Sleep Zone



Every Mattress needs a Protect-A-Bed® Mattress Protector

Fact: Every night the human body loses at least a pint of body fluids through the skin pores and mouth, as well as millions of skin flakes. Unprotected mattresses create the perfect breeding ground for bacteria and dust mites (a major cause of asthma, eczema and rhinitis).

- Dust mite barrier & allergy protection
- Absorbent, air vapour porous and waterproof
- Repels liquids like urine and sweat - especially helpful in cases of incontinence
- Terry cotton surface
- Allows airflow through mattress and bedding
- Cool and comfortable to sleep on



PR52170	Bunk	75 x 190cm	(£18.33) £21.99
PR52171	Single	90 x 190cm	(£20.83) £24.99
PR52171/A	Single Adjustable	90 x 200cm	(£20.83) £24.99
PR52172	Double	135 x 190cm	(£26.99) £31.99
PR52173	King	150 x 200cm	(£28.33) £33.99
PR52174	Super King	180 x 200cm	(£33.33) £39.99
PR52178	Underpad Draw Sheet	120 x 120cm	(£20.83) £24.99

Pillow Protector

PR52175	(2 units)	50 x 57cm	(£18.33) £21.99
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MATTRESS ENCASEMENTS | MATTRESS & PILLOW PROTECTORS | BEDDING PROTECTION KITS



EVERY MATTRESS NEEDS PROTECTION®

WATERPROOF, ABSORBENT, BREATHABLE, COMFORTABLE AND EASY TO CARE FOR.

BEYOND YOUR SPECIALIST NEEDS, EVERY MATTRESS NEEDS PROTECTION.

PROTECT YOUR MATTRESS FROM A PINT OF SWEAT A NIGHT, MILLIONS OF DEAD SKIN FLAKES AND DUST MITES.

PROTECT YOUR MATTRESS WITH PROTECT-A-BED, CREATE A HEALTHY SLEEP ZONE AND MAKE YOUR MATTRESS LAST LONGER.

HEALTHY SLEEP ZONE SOLUTIONS

- SENSITIVE SKIN PROTECTION
- BED BUG PROTECTION
- DUST MITE PROTECTION
- ALLERGY PROTECTION

PROTECT·A·BED®

Every Mattress Needs Protection®



See Back cover for how to order

Toileting

BASKETWEAVE COMMODOE CHAIR



A traditional Lloyd Loom wooden framed chair, hand crafted from beech wood, with an attractive white and gold weave. The chair features a removable padded seat which conceals a plastic commode pan and lid with carrying handle. The

high chair sides give added stability to the user and also aid the person when rising.

Footprint: 600 x 500mm

PR50504 (£199.99) **£239.99**

Max user weight **25 st** **160 kg**

BEST SELLER

ASHBY COMMODOE STOOL



Max user weight **25 st** **160 kg**

Compact but strong commode with metal legs and all plastic seating area. Ideal alongside the bed. Legs are height adjustable. The stool is oatmeal in colour.

Seat Height: 450 x 575mm
Seat Width: 460mm
Seat Depth: 400mm

Overall Height: 675 x 780mm
Overall Width: 500mm
Overall Depth: 480mm

Footprint: 500 x 480mm

PR50537 (£166.66) **£199.99**

LUXURY COMMODOE CHAIR



Max user weight **21.5 st** **136 kg**

NEW

This attractive, height adjustable, luxury commode chair has a comfortable, waterproof covering. It has a metal frame and two strong armrests which will offer support to users. These chairs will look stylish in the bedroom or living room, available in three attractive colours.

Seat: 460-460mm (H) x 510mm (W) x 400mm (D)

Footprint: 600 x 540mm

PR50545 Blue (£127.49) **£152.99**

PR50546/T Terracotta (£127.49) **£152.99**

PR50547 Green (£127.49) **£152.99**

TRAVEL JOHN



This discreet, portable and disposable urinal is ideal for situations when toilet facilities are limited. The Travel John turns the liquid into gel. **Suitable for men, women and children.**

Capacity: 800ml

PR52160 3 per pack **£10.99**

FOLDEASY TOILET FRAME

BEST SELLER



The FoldEasy Toilet Frame folds conveniently when not in use and is height adjustable. The user should stand on the footplate when positioned on the floor which will hold the frame steady when using the handles to raise and lower onto the toilet seat. The arm rests are soft and easy to grip.

An optional carry bag is available

Height: 620-740mm
Width: 510mm
Depth: 530mm

FoldEasy Toilet Frame

PR50303 (£65.83) **£78.99**

Carry BAG

PR50303/Bag (£20.83) **£24.99**

OAK LEAF BED PAN

Polypropylene bed pan with handle for ease of use. Can be autoclaved or chemically cleaned.



Size: 430 x 320 x 120mm

PR50008 **£35.99**

FOLD AWAY GRAB RAILS

Epoxy coated tubular steel rails in trombone shape. The base plate has four mounting points to secure it to the wall. Can be mounted singular or in pairs to provide support all around the toilet.

Length: 760mm

PR50070 (£33.33) **£39.99**

BEST SELLER



TOILET SURROUND

An adjustable height white plastic coated steel toilet frame with and non slip rubber tips. Also available with floor fixing brackets for maximum stability.

Height: 650-800mm
Width: 530mm
Depth: 460mm
PR50300 (£48.33) **£57.99**

BEST SELLER



Max user weight **25 st** **160 kg**

Toileting

PADDED TOILET SEAT WITH STRAPS



Padded foam toilet seat with washable vinyl white cover, secures with hook and loop straps on underside, provides an ergonomic way of adding comfort to commode and toilet seats. Can be cleaned easily with soapy water or disinfectant.

Height: 50mm (2")

PR50646 (£12.08) **£14.49**

Height: 100mm (4")

PR50647 (£16.66) **£19.99**

EASYWIPE



Easywipe



Compact Easywipe



The patented shape and mechanism of the Buckingham Easywipe grips the toilet tissue firmly and releases it cleanly. The Buckingham Easywipe removes the need to touch the paper after using. The Buckingham Easywipe has been designed to be both simple to use and easy to keep clean with no dirt traps. Clean with disposable cloth in mild soapy water.

Easywipe

Length: 380mm
PR50562 (£29.99) **£35.99**

Compact Easywipe

Length: 220mm in case
PR50562/F (£34.99) **£41.99**

BIDET BOWL



The ideal solution to personal cleansing. The bidet bowl fits inside the toilet bowl converting a standard toilet to a bidet. Please note this product is not suitable for use with raised toilet seats.

PR50006 (£8.33) **£9.99**

PRIMA RAISED TOILET SEAT

The Prima Raised Toilet Seats are lightweight and easy to clean. Has a gently contoured surface for extra comfort that fixes securely with two side adjusters and a lip on the front for better positioning.

Available with or without a lid

Size: 50mm (2")

PR50912 (£20.83) **£24.99**

PR50903 with lid (£31.66) **£37.99**

Size: 100mm (4")

PR50914 (£20.83) **£24.99**

PR50905 with lid (£31.66) **£37.99**



PR50903



PR50905



PR50912



PR50914

BEST SELLER

Max user weight  

The CareBag® Commode Liner with Super-Absorbent Pad



Never clean a pail again!

HYGIENIC BAG

- No more odours from body waste
- No more spills & splashes
- No more handling of body waste
- Provides comfort and dignity to the patient and his family

aqua Gloves

UNIQUE PRODUCT!

WITHOUT SOAP, RINSING AND DRYING

1 WASH GLOVE = 1 SHOWER!



See page 50

FEMALE URINAL



BEST SELLER

Urinal with a snap on lid and calibrated for output recording.

Capacity: 1 litre

PR50565

£5.69

FEMALE URINAL



This female urinal is made from polypropylene. It can be used in an upright or lying position.

Capacity: 1 Litre

PR50567

£12.79

MALE URINAL WITH LID



BEST SELLER

Urinal bottle is translucent with a blue lid. Can be emptied easily and perfect for bedside use. Not autoclavable.

Capacity: 1 Litre

PR50558

£4.99

FEMALE URINE BOTTLE



This urinal is made from clear plastic, with its cleverly designed spout this makes the user feel comfortable. Easy to dispose of fluids.

Capacity: 500ml

PR50560

£10.99

CAREBAG® COMMODOE LINER



The CareBag® range of hygienic absorbent bags are the unique combination of an easy-to-close hermetic bag with a GelMax® super-absorbent pad inside. Upon contact with fluids and materials, the active principles present in the pad will quickly solidify the contents. Designed and recommended to avoid commode soiling the Commode Liner should be placed over any commode bucket/potty. Once used, the liner can then be hermetically sealed and disposed of in regular wastes (as for nappies). This makes cleaning commodes a much easier process.

20 bags per pack

PR52200/20

£15.99

See Back cover for how to order

Toileting

SHAPED PADS



For Medium to Heavy incontinence, these premium pads are widely used by healthcare professionals, including the NHS.

The anatomic shape

ensures comfort and standing cuffs prevent leakage. A 'Quickcore' draws urine into the pad and an extra odour locking super absorbent polymer locks it in place. They should be worn with stretch pants.

All sizes come in packs of 28

Code	Usage	Absorbency	Price
PR52147/1	Day	1562ml (£12.99)	£15.59
PR52148/1	Day Extra	1828ml (£15.99)	£19.19
PR52149/1	Night	2353ml (£18.33)	£21.99
PR52150/1	Night Extra	2454ml (£23.08)	£27.69

CLASSIC LIL PAD



These pads are used to deal with slight incontinence.

They have a waterproof backing and a super absorbent polymer making the pads less bulky and more absorbent.

They are held secure by a self adhesive backing strip and worn in conventional underwear or stretch pants. **All sizes come in packs of 28 excluding Maxi which come in packs of 30**

Code	Size	Absorbency	Price
PR52193/1	Mini	525ml (£4.16)	£4.99
PR52194/1	Extra	722ml (£6.24)	£7.49
PR52195/1	Maxi	1250ml (£9.49)	£11.39

ALL-IN-ONE BRIEFS

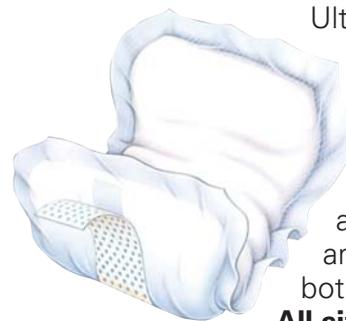


For heavy incontinence, designed with a 'quickcore' to draw urine into the pad and an extra odour locking super absorbent polymer to lock it

in place. Standing cuffs minimize leakage and a gathered soft back and re-sealable tapes ensure comfort. **All sizes come in packs of 15**

Code	Size	Absorbency	Price
PR52151/1	M	2628ml (£12.66)	£15.19
PR52152/1	L	3122ml (£15.41)	£18.49

SUPREME LIGHT PADS



Ultra convenient, these pull up pants help retain independence and dignity for users. With high absorbency levels, these disposable pants are highly elasticated and are comfortably shaped for both men and women.

All sizes come in packs of 28

Code	Size	Absorbency	Price
PR52196/1	Extra	600ml (£6.59)	£7.91
PR52197/1	Midi Extra	830ml (£7.66)	£9.19
PR52198/1	Maxi	1030ml (£8.91)	£10.69

ALL-IN-ONE IMMOBILE BRIEFS



These All-In-One briefs have been specially developed for the person who spends extended time in bed. They have outstanding

absorbency and are specially shaped to give optimum performance. Widely used by healthcare professionals. **All sizes come in packs of 15**

Code	Size	Absorbency	Price
PR52153/1	M	2912ml (£16.41)	£19.69
PR52154/1	L	3492ml (£21.16)	£25.39
PR52155/1	XL	3579ml (£22.08)	£26.49

PULL UP PANTS



Ultra convenient, these pull up pants help retain independence and dignity for users. With high absorbency levels, these disposable pants are highly elasticated and are comfortably shaped for both men and women. **All sizes come in packs of 14**

Code	Size	Absorbency	Price
PR52190/1	M	1260ml (£22.16)	£26.59
PR52191/1	L	1630ml (£22.66)	£27.19
PR52192/1	XL	1360ml (£29.83)	£35.79

DISPOSABLE BED PADS

BEST SELLER



Used under the person as a precaution to absorb any accidental leakages and so protect the bed linen by keeping it dry.

They are comfortable and consist of soft, high absorbency fluff pulp which is sandwiched between tissue and a plastic back. **35 Pads per pack**

Code	Quantity	Size	Absorbency	Price
PR52156/1	1 Pack of 35 pads	40 x 60cm	700ml	(£9.91) £11.89
PR52157/1	1 Pack of 35 pads	60 x 60cm	950ml	(£13.58) £16.29
PR52158/1	1 Pack of 35 pads	60 x 90cm	1500ml	(£18.58) £22.29

DISPOSABLE INSERT PADS



Convenient and easy to use, these soft and comfortable disposal pads are highly absorbent and completely biodegradable. Where increased absorbency is required, two pads can be used at the same time. For use with one way Pouch Pant system.

Absorbtion: Upto 700ml

28 Pads per pack

PR52140/1 (£4.99) **£5.99**

REUSABLE HIGH LOSS PADS



For light to medium urinary incontinence. These pads are specially designed for One Way Male and Female Pouch Pants. They contain a mix of highly absorbent fibres in a washable pad and can be used to double the absorbency of the female and male Pouch Pants.

Absorbtion: Upto 350ml

3 per pack

PR52126 (£17.83) **£21.39**

WATERPROOF BEDDING



Excellent value, durable waterproof bedding protection. Easy to care for, simply wash or wipe down with disinfectant solution. The fabric contains a bacteriostat/ fungistat to prevent the growth of germs. It is flame retardant for added safety.

Mattress Protector – Single Bed

Size: 914 x 1905 x 228mm
PR52161 (£14.16) **£16.99**

Mattress Protector – Double Bed

Size: 1905 x 1371 x 228mm
PR52162 (£18.16) **£21.79**

Duvet Protector – Single

Size: 2032 x 1371mm
PR52163 (£17.66) **£21.19**

Pillow Case Protector

Size: 736 x 480mm
PR52164 (£4.16) **£4.99**

STRETCH PANTS - LONG LEG LENGTH



Stretch Pants are comfortable and soft and ensure a secure and tight fitting for all types of incontinence pads. These Stretch Pants are made from stretchable, breathable fabric they are lightweight and discreet. **Sold in packs of 5**

Code	Size	Price
PR52165/S	50-80cm (19-31")	(£6.24) £7.49
PR52165/M	80-120cm (31-47")	(£6.24) £7.49
PR52165/L	110-150cm (43-59")	(£6.24) £7.49
PR52165/XL	130-170cm (51-67")	(£6.24) £7.49
PR52165/XXL	140-180cm (55-70")	(£6.24) £7.49

STRETCH PANTS - SHORT LEG LENGTH



Stretch Pants are comfortable and soft and ensure a secure and tight fitting for all types of incontinence pads. These Stretch Pants are made from stretchable, breathable fabric. They are lightweight and discreet. **Sold in packs of 5**

Code	Size	Price
PR52166/S	50-80cm (19-31")	(£7.33) £8.79
PR52166/M	80-120cm (31-47")	(£7.33) £8.79
PR52166/L	110-150cm (43-59")	(£7.33) £8.79
PR52166/XL	130-170cm (51-67")	(£7.33) £8.79
PR52166/XXL	140-180cm (55-70")	(£7.33) £8.79

See Back cover for how to order

Exercise and Therapy

FOOT MASSAGER



NEW

This handy Foot Massager operates using a one-touch system. It stimulates the foot reflex zones with massage balls and vibration. The anti-slip strip on the bottom ensures stability.

Batteries included

PR61407

£19.99

PEDAL EXERCISER

BEST SELLER

Economical and compact home exerciser. This exerciser helps restore muscle strength, circulation and co-ordination to the lower and upper extremities. Can be stored easily under a chair or bed. Durable steel frame, chrome finish, non-slip tips.

Size: 510 x 400 x 230mm

PR15341

£29.99



PEDAL EXERCISER WITH PODEMETER



This Folding Pedal Exerciser with Electronic Display is a great tool for improving cardiovascular fitness, stimulating circulation and improving leg and arm muscle strength. This attractive pedal exerciser features a five function display that helps you track your exercise time, revolution count, revolutions per minute and total calories burned. The folding design makes it perfect for travel and easy storage.

PR15342

£39.99

PAINGONE

- DRUG FREE AND SAFE
- WORKS OVER CLOTHING
- USED ON THE POINT OF PAIN
- CLINICALLY PROVEN PAIN RELIEF
- CE REGISTERED CLASS IIA MEDICAL DEVICE
- GETS STRAIGHT TO THE POINT OF YOUR PAIN



PainGone is a light, compact electronic pain relief device without any leads, pads, batteries or complicated settings. Simple to use, it even works over clothing for fast, effective pain relief.

PainGone works by pressing the button a few times on top of the device to deliver a low stimulating frequency, straight to the point of pain. Each click sends a pulse that will activate endorphins, the body's natural painkillers to free you from pain. This stimulating frequency can thus provide prolonged and often instant relief. This means that anywhere, anytime, pain relief is but a click away.

It has been successfully clinically tested by people suffering from a number of painful conditions such as arthritis, back pain, osteoporosis, sciatica and inflammatory conditions.

PR61410

(£29.99) **£35.99**



LIFESTRENGTH™
The vitamin you wear



ION HEALTH TECHNOLOGY™ The Edge You Need.

- Optimize Daily Performance** – Anions help strengthen the body and mind by increasing the flow of oxygen to the muscles, tissues and brain, and strengthening the immune system.
- Reduce Stress and Sleep Better** – Whether you are chasing kids at home or have a stressful job, anions help you through your day by lowering your stress level, giving you a better night's rest and more energy.
- Pain Relief** – People with aches and even chronic pain love anions because they provide effective, all-natural pain relief.



8 COLOURS, 4 SIZES, 1 AMAZING PRODUCT



Black/Grey

PR15501/BG/XS - Extra Small
PR15501/BG/S - Small
PR15501/BG/M - Medium
PR15501/BG/L - Large



Pink/Grey

PR15501/PG/XS - Extra Small
PR15501/PG/S - Small
PR15501/PG/M - Medium
PR15501/PG/L - Large



Blue/White

PR15501/BW/XS - Extra Small
PR15501/BW/S - Small
PR15501/BW/M - Medium
PR15501/BW/L - Large



Grey/Mint

PR15501/GM/XS - Extra Small
PR15501/GM/S - Small
PR15501/GM/M - Medium
PR15501/GM/L - Large



Red/Black

PR15501/RB/XS - Extra Small
PR15501/RB/S - Small
PR15501/RB/M - Medium
PR15501/RB/L - Large



White/Grey

PR15501/WG/XS - Extra Small
PR15501/WG/S - Small
PR15501/WG/M - Medium
PR15501/WG/L - Large



Black/Green

PR15501/BGR/XS - Extra Small
PR15501/BGR/S - Small
PR15501/BGR/M - Medium
PR15501/BGR/L - Large



Turquoise/White

PR15501/TW/XS - Extra Small
PR15501/TW/S - Small
PR15501/TW/M - Medium
PR15501/TW/L - Large

Through Ion Health Technology™, seven specific minerals are infused into each LIFESTRENGTH™ band. Together, these minerals produce the highest anion charge of any performance band on the market. Anions are absorbed through the skin and into the blood, increasing the blood's capacity to carry oxygen to your cells and tissues.

LifeStrength™ bands work similar to a multivitamin, helping replenish what is missing. They promote good overall health and wellbeing. Helping balance out the body and its functions.

£24.99

The vitamin you wear

See Back cover for how to order

Exercise and Therapy

HEAT BAG - LAVENDER



These wheat bags are lavender scented and are ideal for cramps, headaches/migranes, aches, tension and stress. **Available in two outer cover choices**

Length: 410mm
Width: 135mm
Depth: 25mm

PR15095/T Tartan **£9.49**

PR15095/P Purple fleece **£9.49**

HANDWARMERS



Portable heat in the palm of your hand! Air-activated Grabber Hand Warmers keep hands and fingers toasty for over 7 hours. No shaking or kneading required; just open the package and put the 'Original' Warmers in your glove or pocket for a few minutes to start the process. **2 per pack**

PR15170 **£2.69**

NECK CUSHION AND MASSAGER



This comfortable neck pillow is filled with micro-foam beads. It relaxes the neck area and the vibration ensures a soothing massage.

PR61409 **£19.99**

HOT & COLD PACK



Hot therapy for relief from:

Muscle aches, back pain, sinusitis, menstrual cramps.

Cold therapy for relief from:

Toothache, swelling, fever, headaches. Microwaveable and reusable. **Available in 3 sizes---**

PR15153/S Small **£6.09**

PR15153/M Medium **£7.69**

PR15153/L Large **£10.69**

GEL THERAPY BALLS



Our Therapy Balls are colour coded to provide variable resistance training for hands, fingers and forearms. The balls are pleasant to touch and return back to their original shape after each squeeze. Perfect for use in the clinic or at home.

Pink - Extra Soft

PR15220/P **£3.59**

Blue - Soft

PR15220/BL **£3.59**

Green - Medium

PR15220/G **£3.59**

Orange - Firm

PR15220/O **£3.59**

Black - Extra Firm

PR15220/BK **£3.59**

OVER DOOR EXERCISE PULLEY



Extended Metal Bracket Webbing Anchor

Use the Over Door Exercise Pulleys to help improve range of motion and coordination following CVA; the stronger arm pulls the affected arm up in a controlled stretching motion. 2 models are available.

- Over Door Exercise Pulley with Extended Metal Bracket positions the pulleys 38cm away from the door to give the client more room to move
- Over Door Exercise Pulley with Webbing Anchor fits snugly between the door and frame. Will not scratch surfaces

With Extended Metal Bracket
PR15057 **£19.99**

With Webbing Anchor
PR15057/WA **£20.99**

The NEW slimline Circulation Maxx Ultra

As Seen In National Press Campaigns

Revitalise your Legs and give your Ankles and Feet a Boost with...

circulation maxx ULTRA
HEALTHY LEGS FOR LIFE

Effects start at your feet & flow up your body



Only 2.5" Deep



- ✓ Proven TENS Therapy
- ✓ Clinically Tested Treatment
- ✓ 99 Intensity Levels
- ✓ One-touch remote control
- ✓ Battery or Mains powered
- ✓ Options include Warming Gloves and Conductive Gel



Registered as a Medical Device compliant with European Medical Device Directive 93/42 EEC

Sit back, relax and enjoy the benefits



CIRCULATION MAXX ULTRA

The Circulation Maxx Ultra can help kick start your circulation, reduce swelling in ankles & feet and soothe tired aching feet. This slimline model can be battery or mains powered and includes four TENS Pads for TENS Therapy. Used 3-4 times a week, the Circulation Maxx may really make a big difference to your life.

- One touch, easy to use remote control
- NEW Slimline Design
- 99 Intensity Levels
- Remote Controlled For Easy Operation
- Improve Circulation
- Proven TENS Therapy
- Clinically Proven TENS Treatment
- Reduces Pain In the Legs And Feet

NEW



PR61415 (€124.99) **£149.99**

HEATED BACK SEAT MASSAGER

Sooth away aches and pains with this heated seat cover.

- Five massage motors (pulse, tapping, rolling, auto and kneading) relieve weary muscles
- Hand held remote controller with 4 levels of intensity
- Penetrating heat to lumbar area
- Timer function (15, 30, 60 minutes)
- Mains operated from adapter supplied and 12v car adapter included.



PR61443

£64.49

See Back cover for how to order

Exercise and Therapy

HEAT IN A CLICK

Heat in a Click is a heat therapy action, also known as thermotherapy; it is the application of heat to the body for pain relief and health. It can be beneficial to those with arthritis, stiff muscles and injuries to the deep tissue of the skin. Heat may be an effective self-care treatment for conditions like rheumatoid arthritis

Heat in a Click pads are reusable and portable and based on a non-toxic solution called Sodium Acetate. Heat in a Click pads reach a temperature of 54°C (130°F) in a few seconds. The product is durable and non-toxic, which makes it ideal for any use. The products can be reused 1,000's of times, proving an economical heat therapy solution.

To Start Using

- Flex metal disc back and forth until you see crystals form and the pad begins to warm up
- Knead pad to soften

Reusing The Pad

- Boil a pot of water
- Place a cloth at the bottom of the pot
- Place the pad on the cloth inside the pot and continue to boil the water until all crystals are dissolved and the pad is completely clear
- When the pad is completely clear, (only liquid remains), take it out of the water using plastic tongs, and place it on a cloth or counter area to cool down
- Please notice: All crystals must be dissolved in order for the pad to be stored in its original state. If not perfectly clear, a chain reaction will begin and the pad will stay in its heated form. Carefully hold the pad against a light to make sure no crystals are left. If crystals start forming while the pad is cooling, repeat steps 1, 2 and 3
- When the pad cools down, it is ready to be reused

BACK KIT HEAT PAD



The Back Kit pad stays hot for approximately 2 ½ hours and although is most commonly used for lower back pain the shape of the pad allows it to be used anywhere. The belt allows you to actually wear the pad across the lower back and continue with your day to day life. If the pad is insulated in the belt and under a jacket the heat can last for up to 4 hours. **Colours may vary**

Size: 40 x 14cm

PR15162 **£24.99**

MUSCLE HEAT PAD



The round muscle pad stays hot for approximately 1 ½ hours and can be used to target

pain anywhere across the body.

Colours may vary

PR15166 **£10.39**

NECK & SHOULDER HEAT PAD



The Neck & Shoulder pad stays hot for approximately 2 ½ hours and is designed to reach all of those tricky areas which a conventional heating pad does not do. **Colours may vary**

Size: 45 x 20cm

PR15163 **£23.99**

CIRCLE HAND WARMER



The hand warmers stay hot for approximately 30-40 minutes and can either be held to keep hands warm or inserted into gloves. They can also be used in pockets, socks and boots. **Colours may vary**

Size: 10cm (D)

PR15160/S Single pack **£4.49**

PR15160/D Double pack **£7.49**

GLOVE HEAT PAD



The glove can be strapped to the hand and used as a massage glove or under mittens to keep hands warm. Stays hot for approximately 1hr 15mins.

Colours may vary

Size: 17.5 x 11cm

PR15161 **£10.79**

FOOT WARMER HEAT PAD



The foot warmer stays hot for approximately 2 hours and once moulded to the shape of your feet you can walk around the house with them on. Fitting all sizes they simply feel like walking on hot sand. **Sold as a pair.**

Colours may vary

PR15165 **£20.69**

THE BETTER BRACE

Ion infused kinesiology tape

- Provides support & stability for muscles, joints, and tendons without limiting range of motion like a traditional brace.
- Supports muscles to help reduce pain.
- Maintain flexibility and increase circulation for better endurance, faster recovery, pain relief and support.



+ ION HEALTH TECHNOLOGY™

Ion Health Technology infuses 7 minerals into Strength Tape. These minerals contribute over 1,000 ions per cc to the environment around them. Studies suggest that ions may help you feel better and have more energy.



Black

PR15550/BK

£13.99



Light Blue

PR15550/LB

£13.99



Pink

PR15550/PK

£13.99



Beige

PR15550/BE

£13.99



Red

PR15550/RD

£13.99

GREAT FOR

- ➔ ANKLE + FOOT
- ➔ SHOULDER
- ➔ KNEE
- ➔ ELBOW + WRIST
- ➔ BACK + NECK
- ➔ MUSCLE



PR15560

£8.99



PR15561

£8.99



PR15562

£8.99



PR15563

£8.99



PR15564

£8.99



PR15565

£8.99

See Back cover for how to order

Back Care

HARLEY DESIGNER SPINE SUPPORT

Harley



Perfect on an upright type seat. A base of polyurethane foam bonded to a topping of pressure relieving visco elastic memory foam. Provides maximum comfort as it adjusts to the natural curve of the spine.

SP24024 38 x 41cm **£46.99**

HARLEY DESIGNER CAR/LOW BACK SUPPORT

Harley



SP24081

BEST SELLER

Moulded visco elastic memory foam product that provides lumbar support and is ideal in the car or in an office chair. Exceptional comfort and relief.

SP24081 30 x 21cm **£42.99**

HARLEY ORIGINAL CAR/LOW BACK SUPPORT

Moulded to the same ergonomic shape as the Designer Car/Low Back Support but using polyurethane foam makes this ideal for those who prefer added support.

SP24018 30 x 21cm **£35.99**

HARLEY DESIGNER BACK SUPPORT

Harley



SP24078

SP24005

Our back support is gently sculptured to hold the lumbar spine in the correct position. Shaped sides offer gentle lateral support and optimum comfort. Individually moulded from visco elastic memory foam.

SP24078 40 x 38cm **£47.99**

HARLEY ORIGINAL BACK SUPPORT

Moulded to the same ergonomic shape as the Designer Back Support but using polyurethane foam which makes this ideal for those who prefer added support.

SP24005 40 x 38cm **£39.99**

HARLEY DESIGNER SUPER 'D' ROLL

Harley



This supremely comfortable 'D' roll made from memory foam allows movement and variation ensuring even greater comfort and relief. Ideal on any 'flat back' chair and is fitted with an elasticated strap.

SP24082 30 x 13 x 6cm **£29.99**

HARLEY LUMBAR ROLLS

Harley



'D' type rolls are ideal on a flat backed seat, perhaps a car or office chair. Circular rolls are more suited to a padded or lounge type seat. Fitted with an elasticated strap. Easily portable - take yours with you wherever you go.

Size: 28cm (L)

SP24008 Circular - 5" **£16.49**

SP24001 Circular - 4" **£16.49**

SP24007 'D' Roll - 5" **£16.49**

SP24016 'D' Roll - 4" **£16.49**

HARLEY DESIGNER WEDGE

BEST SELLER



Harley



An ideal 8° angle ensures the natural 'S' shape of the spine is maintained. A base of high resilient foam bonded to a topping of visco elastic memory foam.

Size: 36 x 36 x 7cm

SP24083	Designer Wedge	£42.99
SP24023	Designer Coccyx Wedge	£42.99

All wedges available with optional coccyx cut out and/or fixing strap (For a fixing strap add £4.00)

HARLEY BACK SOOTHER CUSHION

Harley



Literally wraps and supports your back. Cosy fibre filling ensures comfort and support and is ideal in the home or office and fantastic in a wheelchair or scooter. Faux sheepskin and tartan cover as standard - other options available.

SP44085 51 x 27cm **£23.49**

HARLEY SLIMLINE WEDGE/ CAR SEAT LEVELLER

Harley



Ideal in the car where headroom is at a premium. A boon when the need is felt for just a little added support to ease muscle tension in the lumbar region.

Size: 36 x 36 x 5cm

Slimline Wedge
SP24010 **£22.99**

Slimline Coccyx Wedge
SP24052 **£22.99**

HARLEY 11° WEDGE

Harley



Tilts the pelvis to the optimum 11° keeping the spine in its natural position. Significantly decreases pain in the lower back and legs.

Size: 36 x 36 x 10cm

11° Wedge
SP24015 **£22.99**

11° Coccyx Wedge
SP24050 **£22.99**

All wedges available with optional coccyx cut out and/or fixing strap (For a fixing strap add £4.00)

See Back cover for how to order

Back Care

HARLEY GENTLE FORME SUPPORT BELT



Harley

Slim effective compressive support with removable back protection pad 20cm at back narrowing to 13cm at front.

Code	Waist
Small SP24031	56-69cm (22-27")
Medium SP24043	71-84cm (28-33")
Large SP24044	86-99cm (34-39")
Extra Large SP24045	102-114cm (40-45")
Price	£37.99

HARLEY CORRECTING SHOULDER SUPPORT



Harley

This support helps to correct round shoulders. It can also relieve upper back pain. Front fastening for easy use.

Code	Chest (under bust)
Small SP24108	76-86cm (30-34")
Medium SP24156	89-102cm (35-40")
Large SP24157	104-117cm (41-46")
Extra Large SP24158	120-132cm (47-52")
Price	£39.99

HARLEY UNIVERSAL SUPPORT BELT



Harley

Stabilises hips and pelvis. It has detachable side pulls for added support and provides uniform compression with unrestricted mobility.

Code	Waist
Small SP24106	56-69cm (22-27")
Medium SP24114	71-84cm (28-33")
Large SP24117	86-99cm (34-39")
Extra Large SP24120	102-114cm (40-45")
Price	£36.99

HARLEY SACROILIAC SUPPORT BELT



Harley

BEST SELLER

Additional stabilisation of the sacrum and added pelvic support. With this belt re-establish the joints natural movement. Additional side pulls.

Code	Size	Hip (7" below waist)
SP24249	Small	76-86cm (30-34")
SP24273	Medium	89-102cm (35-40")
SP24274	Large	104-117cm (41-46")
SP24275	Extra Large	120-132cm (47-52")
Price		£36.99

HARLEY POWER PLUS SUPPORT BELT



Harley

Ideal for heavy tasks with additional side pulls. Compressive support to the low back. Removable back protection pad. 21cm at back narrowing to 15cm at front.

Code	Waist
Small SP24032	56-69cm (22-27")
Medium SP24046	71-84cm (28-33")
Large SP24047	86-99cm (34-39")
Extra Large SP24048	102-114cm (40-45")
Price	£47.99

HARLEY ORIGINAL RING CUSHION



Harley



Constructed from moulded polyurethane foam that provides relief to endangered areas when sitting for longer periods. Fitted cotton inner cover.

Outer cover available

Risk Category: Medium Risk*

Original Ring Cushion

SP44837 44cm (Dia) x 8cm **£27.99**

Ring Cushion Cover

SP44266 Towelling (Black) **£12.99**

* With appropriate nursing and medical care

HARLEY DESIGNER RING CUSHION



Harley



BEST SELLER

The Designer Ring allows the user to sit for longer periods as visco elastic foam conforms to the body and literally 'moulds as you move'. Reduces interface pressure on the body. Fitted inner cover.

Outer cover available

Risk Category: High Risk*

Weight: 900g

Designer Ring Cushion

SP44233 44cm (Dia) x 10 cm **£40.99**

Ring Cushion Cover

SP44266 Towelling (Black) **£12.99**

HARLEY NODULAR RING CUSHION

BEST SELLER

Harley



Nodular shaped polyurethane foam allows air to circulate freely and takes pressure away from endangered areas. Complete with its own discreet cover. Tartan cover as standard - other options available.

Risk Category: Low Risk*

SP44289 41cm (Dia) x 7cm **£22.99**

INFLATABLE RUBBER RING



Inflatable rubber ring can be used to prevent pressure sores or assist with their healing. Rubber ring can be wiped clean.

Risk Category: Low Risk*

PR20616 41cm (Dia) **£15.99**

PR20618 46cm (Dia) **£15.99**

See Back cover for how to order

CARD PLAYER

Holds playing cards in a natural position. Comfortably holds standard or oversized playing cards. Can be held in the hand or placed on a table.

Sold in a pair

PR70005

£16.49



PLASTIC CARD HOLDER



An affordable solution for holding cards. Persons with diminished finger control will enjoy playing cards with this lightweight plastic holder. Card slot tapers from 13 to 3.2mm.

Size: 51 x 35 x 250mm

PR70007

£7.99

REAL BIG PLAYING CARDS



Easy-to-see giant cards. These extra large playing cards are easy to read and hold.

Size: 150 x 100mm

PR70008

£9.19

LARGE NUMBER PLAYING CARDS



Extra-large characters for easy viewing. Numbers, letters and suit characters are enlarged for quick recognition. Standard size cards are colour coded by suit. Standard black and red corner markers. Ideal for use by persons with at least 5% of normal vision.

PR70004

£9.19

PENCIL GRIPS



Helps reduce fatigue caused by writing pressure. These non slip triangular shaped grips are comfortable and slip onto any standard sized pencil.

3 per pack

PR70891

£4.19

LITE-TOUCH PEN



Almost no pressure is required to write with the Lite-Touch Pen. The entire pen is built up to provide a comfortable hold. A slight indentation in the thumb area aids in gripping. It is lightweight plastic with a clip top. Cap included. Black ink.

PR70017

(£6.66) **£7.99**

WRITING GRIPS



Helps reduce fatigue caused by writing pressure. Writing Grips are soft, plastic, and bulb shaped grips that slip onto any standard size pen or pencil.

3 per pack

PR70022

£4.19

LIGHTED MAGNIFIER

With an impressive 3x magnification, the Lighted Magnifier is the ideal aid for reading small type in books, newspapers and maps. With a larger handle, it is comfortable for longer periods of use and has an illuminating frame that lights up the page as you read.

Batteries included

PR70080

£5.19



MAGNIFIER ON A STAND



This large 2x magnifier comes with a weighted stand base and a clamping device to attach to a table or desk surface, for hands free use. The extendable arm allows the magnifier to be positioned at different heights and angles.

Size: 220 x 170mm

PR70057

£39.99

POCKET LED MAGNIFIER

Ideal for those times when you find yourself not only short of sight but also short of light! Combining a bright LED page light with twin magnification lenses (2x main and 4x inset) this versatile magnifier is small enough to fit into pocket or bag. Can be used with or without the light as required.

Batteries included

PR70081

£6.19



HANDS FREE MAGNIFIER

Hands-Free Magnifying Lens. Great for reading or arts and crafts, this effective 'hands-free' magnifier comes with a braided cord to wear around the neck and rubber feet to support the lens.

PR70082

Lens 13cm (D)

£10.29



WOODEN READING REST



BEST SELLER

Beautifully crafted from Canadian Alder, this product allows you to assume a more relaxed posture whilst reading at a table or desk - it's also great in the kitchen.

PR70095

£20.79

MAGNIFYING SHEET

Available as a smaller and cheaper alternative to the Full Page Magnifier, this flexible 'fresnel' sheet offers excellent enlargement for books, directories, timetables and maps, and it comes in a protective card sleeve.

PR70086

Approximate Size: 19 x 13cm

£3.04



FULL PAGE MAGNIFIER

This product is manufactured to a far higher standard than most by using a rigid lens which prevents image warping around the edges of the lens. Allows larger areas to be viewed than traditional magnifiers. Sold in a protective, printed card sleeve.

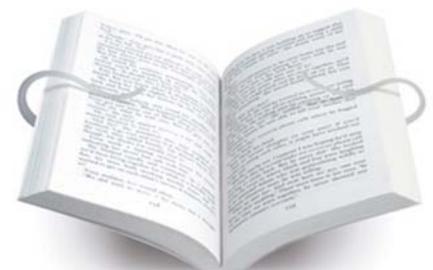
PR70001

Approximate size: 28 x 21.5cm

£9.99



GIMBLE BOOK HOLDER



Whether you like to curl up in bed with a good book and a mug of tea, enjoy reading whilst sitting at the table or prefer a relaxing read outdoors, this great new product is the perfect answer to that 'extra pair of hands' you always seem to need.

PR70094

£5.39



DUAL FOCUS MAGNIFIER

Available in 2 sizes, small and large, these lightweight magnifiers have a rubber coating on the handle and frame making them more comfortable and durable in everyday use. Both sizes come with a standard full size 2x magnification lens and an extra inset high magnification lens for 4x enlargement.

PR70083

Lens 6.5cm (D)

£6.19

PR70084

Lens 9cm (D)

£8.29

See Back cover for how to order

HOME SAFETY ALERT



A wireless calling alarm system with one main receiver unit and two pendant calling transmitters. Call button and panic button on each pendant. Helpful support for the elderly, disabled or children. Main unit receives and recognises who is calling and the urgency from different sound and coloured light signals. Caller can choose between a regular call signal or a panic alarm. Main unit can be battery or mains operated for use in any location. Quick reset button on main unit to cancel the call or alarm. Low battery warning signal and each transmitter uses 1 x 23A 12v battery (included). The receiver unit is powered by a 6v adaptor (not included) or 4 x AA batteries (not included).

PR70145 **£56.99**

BIG BUTTON CORDLESS PHONE

This cordless phone has backlit big buttons. It is hearing aid compatible, has a speaker phone and the volume can boost to 8dB. Other features include:



3 direct memory keys, phonebook 20 entries (name, number and melody), redial last 5 numbers and alarm clock.

Max standby time upto 100 hours
Talk time upto 10 hours

PR70153 **£47.99**

AUTOMATIC NEEDLE THREADER



This simple, plastic device makes threading needles easy, even with poor eyesight or shaky hands. Different sizes of needles can be threaded at the two ends by following the instructions enclosed in the pack. Two needles are included, although standard needles can be used.

PR70056 **£5.39**

TALKING DUAL TIME ALARM CLOCK



Press the large top button and this quartz analogue clock will speak the time.

- Talking function and clear analogue face assists the visually impaired
- Dual time with traditional hands and digital display
- Voice announcement of temperature
- Alarm and hourly time announcement optional
- Uses 2 x AA batteries (not included)

PR70073 **£14.19**

SMOKERS ROBOT



The Smokers Robot enables safe, hands-free smoking. The Smokers Robot allows a cigarette to rest safely in the holder that is attached to an ashtray base. Features a 910mm tube with a mouthpiece. **Replacement tubes are available separately**

Smokers Robot

PR70010 (£55.99) **£67.19**

Replacement Tube

PR70011 (£9.66) **£11.59**

BIG BUTTON TELEPHONE



Corded phone with large buttons, a large screen.

- 50 Caller ID
- 10 Number Memory and 3 Picture Key
- 20 Outgoing call log record
- Dialing memory
- Visual ringer
- Speakerphone function
- Handset Hi/Lo volume control
- Hearing Aid Compatible

PR70151 **£59.99**

NEO-G OPEN KNEE SUPPORT

The patella opening gives extra support and pressure to the patella. This high level of protection restricts movement of the patella and helps relieve pain.

Universal size



PR79052

£20.99

NEO-G CLOSED KNEE SUPPORT

The Neo G closed knee support is only 2.5mm thick and provides a comfortable fit. Ideal for minor tendon and ligament injuries, sprains and twists.

Universal size



PR79051

£19.59

NEO-G TENNIS/GOLF ELBOW SUPPORT

This tennis elbow support with strap is ideal for use in sports or occupations where repetitive strain injury may occur. It provides warmth and compression and aids recovery.

Universal size



PR79059

£20.99

NEO-G ANKLE SUPPORT

This ankle support provides basic ankle protection, support and compression. Suitable for sprains and strains as well as arthritic and ligament pain injuries.

Universal size



PR79053

£17.79

NEO-G THUMB BRACE

This thumb brace is a simple wrap designed to provide support and comfort. It allows free mobility of the fingers, helps prevent carpal tunnel syndrome and supports injured wrists.

Universal size

NEW



PR79063

£22.39

NECK COLLAR



This collar is ideal to stabilise the neck after trauma, or for long term use as a night resting collar. Made in fully washable medium density closed cell foam, which will not collapse with use.

Available in four sizes

Code	Size	Depth x Length
PR/BC/1	Small	7.5 x 43cm
PR/BC/2	Medium	9 x 47cm
PR/BC/3	Large	9 x 51cm
PR/BC/4	Large/Deep	10 x 51cm
Price		£9.19

SHOULDER/ARM SLING



This shoulder sling can be used for broken wrist, upper arm and forearm, with its universal design the sling can be adjusted to fit all. A one-piece sling with Velcro closure and stabilising buckle.

Size: 5 x 112cm

PR/UPS Standard **£5.59**

NEO-G TENNIS ELBOW STRAP

This Neo-G tennis elbow strap reduces pressure on the tendon complex at the elbow during repeated movements. It has a unique lightweight design and comfortable unrestricting fit.

Universal size

NEW



PR79064

£17.99

NEO-G STABILISED WRIST SUPPORT

This wrist brace features a adjustable reinforced metal stay which provides stabilisation of the wrist. Suitable for rheumatics, tenosynovitis, carpal tunnel syndrome and general wrist support.

Universal size, specify left or right

PR79055R Right **£18.79**

PR79055L Left **£18.79**



