



First Aid and Health & Safety Training 2017

Why train with us?

St John Ambulance is the UK's leading first aid organisation and has been teaching and delivering life-saving first aid and health & safety training for decades. We are acknowledged by the Health and Safety Executive (HSE) as a standard setter for first aid practice in relation to first aid at work courses and as co-authors of the award winning first aid manual, the UK's only fully authorised guide, we set the standard for first aid training.

Our experience and understanding mean our practical and interactive courses teach your employees the essential skills and provide your team with the confidence to perform first aid and to help save lives.

St John Training Services Guernsey is the Bailiwick's leading provider of First Aid training. Formed in 2005 as a collaboration between St John Ambulance Guernsey and the St John Ambulance and Rescue Service our professional trainers are qualified to the highest standards to teach life saving skills. They are drawn from members of your community including the emergency services, health and teaching professions.

Free Associate Membership Insurance

We believe it is vitally important that people have the confidence to use their first aid skills without hesitation wherever and whenever an accident occurs. At St John we believe so strongly in the value of providing this reassurance, and are so confident in the standards of our first aid training, that we will automatically provide all students who successfully pass one of our first aid courses, with 'Good Samaritan' insurance cover for the duration of the validity of their training qualification. This insurance covers students against claims arising from first aid they may have delivered outside of their workplace, club or association.

Supporting St John in the Bailiwick of Guernsey

St John Training Services Guernsey is a 'Not for Profit' organisation. The income we receive from the training courses we provide goes straight back into supporting the St John Ambulance and Rescue Service and St John Ambulance Guernsey. So the benefits of choosing to train with us extend way beyond your organisation.

Thank you for supporting St John Training Services Guernsey.

No one should die because they needed first aid and didn't get it.

We are St John.

We are the difference.

The difference between a life lost and a life saved.

For further information please call: 01481 247979 or email: info@firstaidtraining.gg

Courses Dates (January – June 2017)

FIRST AID COURSES

First Aid at Work (includes AED awareness session) Three days

This three-day course comprehensively covers the practical skills needed by a first aider in the modern workplace. Along with emergency first aid, trainees will gain skills in recognition and treatment of a wide range of major illnesses including heart attack, stroke, asthma and diabetes.

January	February	March	April	May	June
17, 18, 19	21, 22, 23	20, 21, 22	25, 26, 27	17, 18, 19	13, 14, 15

First Aid at Work - requalification (includes AED awareness session) Two days

Ideal for people who need to renew their first aid at work certificate. You will be able to build upon your existing skills, revisiting the techniques learnt on the three-day first aid at work course.

January	February	March	April	May	June
-	1, 2	8, 9	-	4, 5	22, 23

Emergency First Aid at Work (includes AED awareness session) One day

If your risk assessment indicates that first aid training covering emergency protocols only is sufficient in your workplace, this one-day course will help you meet your requirements by responding to an accident or first aid emergency in the workplace.

January	February	March	April	May	June
9, 27, 31	8, 13, 17	2, 14, 17, 28	4, 11, 19	3, 11, 15, 23	5, 7, 20, 27

Automated External Defibrillator (AED) Half a day

For each minute that passes without defibrillation after the heart stops, the casualty's chance of survival falls by about 10%. Crucially, this course gives people the confidence to act quickly and effectively in an emergency performing effective CPR and defibrillation.

January	February	March	April	May	June
20	27	24	-	25	-

Annual First Aid Skills Update Half a day

Recommended for everyone. This half-day course will help keep your knowledge up-to-date to stay confident and feel prepared to act in an emergency. You will refresh the skills and techniques learnt on the first aid at work course including administering first aid to a casualty who is unconscious or in shock.

January	February	March	April	May	June
-	10	-	6	-	-

Courses Dates (January – June 2017)

HEALTH AND SAFETY COURSES

Moving and Handling Principles

Half a day

Working in awkward or tiring positions, lifting heavy weights, or carrying a heavy load are cited as the main activities for causing work-related musculoskeletal disorders such as back pain. This course is essential support for all professionals and may be tailored to meet your specific needs.

January	February	March	April	May	June
25	28	30	21	-	9

Fire Marshal (including familiarisation with fire extinguishers and their use)

Half a day

Detailing the role of the designated fire marshal this course will give you the knowledge and confidence to recognise potential fire hazards and reduce the risk and effect of a fire related incident.

January	February	March	April	May	June
13	16	10	28	31	30

ADDITIONAL COURSES

As well as our core courses, we also provide a range of other popular courses which can be delivered either in-company or at our training centre. If you have a group of six or more, we can deliver courses at your premises or at a location to suit you.

These include:

- Emergency Life Support – Child and Infant
- Royal Yachting Association - First Aid Course
- Sports First Aid
- Activity First Aid
- Standard First Aid
- Medical Gas Administration
- Road Users First Aid
- Schools First Aid

For businesses keen to offer employee benefits, we provide a range of first aid courses to the public for the treatment of adults, infants and children. Our learning is renowned for being interactive and friendly, making it easy to learn the skills needed to help in an emergency. First aid helps build confidence and provides benefits for both individuals and business.

BESPOKE COURSES

Our courses are designed to be flexible. If you have a specific need do not hesitate to contact us and we will design a course to meet your requirements.

If you would like to reserve a place on one of our courses, or require advice on your training requirements, we will be happy to assist you in deciding what is best for you and your business.

Call us on 01481 247979 or email: info@firstaidtraining.gg